



U.S. Paralympics Track and Field 2010 Performance Plan

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PROGRAM GOALS

The primary focus in 2010 is to secure the maximum number of quality competition slots for the 2011 World Championships. To achieve that goal the focus will be that national team athletes receive quality training and competition opportunities with limited support provided toward emerging and military athletes who have the potential to develop into 2012 Paralympic Games medal contenders.

Specific activities in pursuit of these program goals will include:

- Continued integration of the Olympic and Paralympic Resident Program for ambulatory sprints, jumps and throws athletes at the U.S. Olympic Training Center - Chula Vista.
- The solidification of a resident program for wheelchair track athletes at the University of Illinois.
- Increase emerging athlete pool particularly in targeted events/classification groups (CP, VI and women).
- Establish Emerging/Junior National Team.
- Increase access to and standard of domestic competitions.
- Improve standard of coaching and access to coaching for current athlete pool (continue to offer Coaching Support to National Team athletes).
- Increase Track and Field science review in technical and endurance events.

2010 NATIONAL TEAM

U.S. Paralympics will nominate a Track and Field National Team for 2010, based on athlete performances from the 2009 and the 2010 season.

1. 2009 season--Athletes who have met the 2009 U.S. Paralympics "A" standard prior to December 31, 2009 will be named to the team from January 1, 2010 through the naming of the World Championships Team. Athletes named to the National team in this manner, must achieve the "A" or "B" standard prior to and/or during the National Championships to retain their National Team status through December 31, 2010.
2. 2010 season—Athletes who meet the U.S. Paralympics "A" or "B" standard at a Track and Field sanctioned event (see Sanctioned Events section below) from January 1, 2010 through December 31, 2010 become eligible for National Team

benefits at three times during the year and will retain their National Team status through December 31, 2010

- Qualifiers between January 1 and March 31 will be nominated to the National Team on April 1.
- Qualifiers between April 1 and June 30 will be nominated to the National Team on July 1.
- Qualifiers between July 1 and September 30 will be nominated to the National Team on October 1.

National Team status and benefits are only conferred upon athletes who accept, sign and remain current with the U.S. Paralympics National Team Athlete Agreement and have a U.S. Paralympics or IPC official classification.

The 2010 U.S. Paralympics Track and Field National Team Standards (Attachment A) are based on the following:

- The National Team “A” standard is the same as the 2011 IPC Athletics World Championships Automatic Qualifying Standard (AQS).
- The National Team “B” standard is the average of the time or distance between the 2011 IPC Athletics World Championships AQS and BQS.

**** National Team status may not be earned based on performances in relays.****

2011 NATIONAL TEAM

U.S. Paralympics will nominate a Track and Field National Team for 2011, based on athlete performance at the 2011 IPC Athletics World Championships or the achievement of the “A” or “B” standard in 2011.

2011 National Team Qualifying

- Athletes who win one or more medals in individual events at the 2011 IPC Athletics World Championships.
- Non-medaling athletes with one or more top eight finishes in individual events provided that the finish result is also among the top 50% of the athletes who started the event.
- Athletes who meet the U.S. Paralympic National Team “A” or “B” standard in the 2011 calendar year.

Athletes will be named to the National Team on February 1, 2011 and will retain National Team status through the start of the 2011 U.S. Paralympics Track and Field National Championships. Athletes named to the National Team in this manner, must achieve the “A” or “B” standard prior to and/or during the National Championships to retain their National Team status through December 21, 2011.

DISCRETIONARY NOMINATION

Discretionary selection may be used if an athlete who has demonstrated international competitiveness during the qualification period for the 2009 National Team was ill, injured, or otherwise unable to compete or perform at a level to qualify him/her for the

team; but it is expected that the athlete will return to internationally competitive form during 2011.

The Associate Director, Paralympic Track and Field High Performance in consultation with the Team Leader will make discretionary selections. All athletes nominated to the 2010 National Team through discretionary selection must have been on a previous National Team during the preceding two years (2008 – 2009).

EMERGING ATHLETES

Athletes who meet the Emerging standard during 2010, at a Track and Field sanctioned event (see Sanctioned Events section below), **may** be invited to participate in selected U.S. Paralympics Track and Field National Team activities.

2010 Emerging standards (Attachment A) are based on 25% of the IPC and U.S. Paralympics “A” Standard.

MILITARY ATHLETES

Military athletes who meet the Military standard during 2010, at a Track and Field sanctioned event (see Sanctioned Events section below), **may** be invited to participate in selected U.S. Paralympics Track and Field National Team activities.

Active-duty and veteran military athletes may also be eligible for U.S. Paralympics Military Program activities and events that are not included as part of the 2010 Track and Field Performance Plan activities.

2010 Military standards (Attachment A) are based on 30% of the IPC and U.S. Paralympics “A” Standard.

NATIONAL TEAM BENEFITS

National Team athletes are eligible for the following benefits:

1. USOC Direct Athlete Support (Attachment B)
2. Track and Field specific Support Programs (Attachment C)
2. USOC Elite Athlete Health Insurance (EAHI) program (Attachment D)
3. Air transportation (or ground equivalent) (or ground equivalent), lodging, ground transportation, meal per diem, and coaching support at designated U.S. Paralympics training and competition activities
4. USOC Athlete Career Program
5. 24-Hour Fitness membership (1-year) / Note: this program is very competitive and memberships may not always be available to eligible athletes
6. Eligible to apply for USOC Tuition Grant and Legacy Scholarship
7. Use of the designation of National team member in non-commercial situations
8. U.S. Paralympics National Team uniform

APPROVED EVENTS

IPC Approved events

Only performances achieved at an IPC Approved event can be used for the qualifying mark for the 2011 IPC Athletics World Championships or IPC World Rankings (which will be used for completing World Championships competition slots). The Program Activities section outlines which events are IPC Approved.

National Team and National Championships Qualification events

U.S. Paralympics will accept results from IPC, USATF, NCAA, or State High School Championships for entry into the National Championships or to achieve National Team status. Events must have three (3) or more competitors in the event (any class) and USATF and/ or IPC certified officials shall conduct the competition. Results must be Fully Automatic Timed (FAT) with wind gauge readings. Wind gauge readings are required for the 100m, 200m, Long Jump and Triple Jump.

A U.S. Paralympics Proof of Performance Form must be submitted to document the athlete eligible for the A, B or Emerging/Military Team standard achieved. Proof of Performance forms can be found by visiting the Track and Field page of the U.S. Paralympics website or by visiting the following link: <http://usparalympics.org/pages/708>

2010 PROGRAM ACTIVITIES

National Team athletes will be required to attend all 2010 activities listed below unless the activity listing indicates an alternative group of participants. Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) unless otherwise indicated in the activity listing.

IPC Licensing

National Team athletes are required to obtain a 2010 IPC License. More information about Licensing can be found by visiting the Track and Field page of the U.S. Paralympics website or by using the following link: <http://usparalympics.org/pages/5592>

The following list of events is current as of February 1, 2010. This list of IPC Approved competitions will change throughout the year. An updated list of the IPC Approved events being hosted in the United States will be posted on the events page of the track and field section of the U.S. Paralympics website. <http://usparalympics.org/pages/8245>. An updated list of the IPC Approved events being hosted outside of the United States can be found in the competition calendar section of the IPC Athletics website. <http://ipc-athletics.paralympic.org/>

IPC Approved Event

Event planned to be sent to IPC for approval

National Team Required

Date	Event Name	Location		Invitation / Approval	Notes
9-Jan	Penn State Relays	University Park, PA	USA	N/A	Indoor
16-Jan	Penn State Northeast Challenge	University Park, PA	USA	N/A	Indoor
16-Jan	Seattle Indoor Meet	Seattle, WA	USA	N/A	Indoor
17-Jan	Houston Marathon	Houston, TX	USA	N/A	
20-Jan	Canberra Track Meet	Canberra	AUS	IPC	Wheelchair only
23-Jan	Albuquerque Indoor Meet	Albuquerque, NM	USA	N/A	Indoor
24-Jan	Sydney Track Meet	Sydney	AUS	IPC	Wheelchair only
29-Jan	Penn State Nationals	University Park, PA	USA	N/A	Indoor

30-Jan	Canberra Grand Prix	Canberra	AUS		IPC	
13-Feb	NTC Throws and Jumps Challenge #3	Clermont, FL	USA	Open	IPC	Throws/Jumps only (all classes) www.throwscoachflorida.com
3-4 Feb	Al Ain Athletics International Meeting	Al Ain	UAE		IPC	Classes 30's, 40's, 50's
5-6-Feb	Sykes-Sabock Challenge	University Park, PA	USA		N/A	Indoor
8-13-Feb	2nd Faaza International Competition	Dubai	UAE		IPC	Wheelchair track events only
13-14-Feb	Aviva Indoor Invitational-World Trial	Sheffield	GBR		N/A	Indoor
20-Feb	Aviava Indoor GP	Birmingham	GBR		N/A	Indoor
20-Feb	USATF Winter Fun Meet	Cedar Park, TX	USA	Open	IPC	www.usatfsouthtexas.org
11-14-Mar	Open de Athletismo Fadesir	Buenos Aires	ARG		IPC	Classes 10's, 30's, 40's, 50's
13-14-Mar	Aztec Invitational	San Diego, CA	USA	Invite only	IPC	Resident Program
13-14-Mar	BUCS Indoor Championships-Athletics	Sheffield	GBR		N/A	Indoor
18-21 Mar	Walt Disney World® Invitational	Orlando, FL	USA	Open	IPC	www.directathletics.com
18-21-Mar	Australian Capitol Territory Championships	Canberra	AUS		IPC	
19-Mar	Morehouse Relays	Atlanta, GA	USA	Invite only	IPC	Tennessee State Univ. calendar event
20-Mar	NTC Throws and Jumps Challenge #4	Clermont, FL	USA	Open	IPC	Throws/Jumps (all classes) www.throwscoachflorida.com
21-Mar	Los Angeles Marathon	Los Angeles	USA	Open	IPC	http://www.lamarathon.com/
21-Mar	13th Kyushu Challenge Championships	Kumamoto	JPN		IPC	classes 10's, 30's, 40's, 50's
25-31-Mar	NEDBANK National Championships	Port Elizabeth	RSA		IPC	classes 10's, 30's, 40's, 50's
26-27-Mar	US Military Academies Championships	Lexington, VA	USA	Invite only	IPC	Military athletes only
26-28-Mar	National Champs Athletics New Zealand	Christchurch	NZL	Invite only	IPC	Site Visit for World Championships
27-Mar	Tennessee Tech University Invitational	Cookeville, TN	USA	Invite only	IPC	www.directathletics.com
27-Mar	Jim Thorpe Invitational	University Park, PA	USA	Open		Penn State Univ. calendar event
27-Mar	Season Open Track Tournament	Braga Braga Track	POR		IPC	www.aabraga.pt
27-28-Mar	USATF Winter Fun Meet	Cedar Park, TX	USA	Open	IPC	www.usatfsouthtexas.org
2-3-Apr	Liberty Collegiate Invite	Lynchburg, VA	USA	Open	IPC	www.directathletics.com
3-Apr	Austin Peay State Invite	Clarksville, TN	USA	Invite only	IPC	Tennessee State Univ. calendar event
10-Apr	Pomona-Pitzer Invitational	Pomona, CA	USA	Invite only	IPC	http://pe.pomona.edu/sports/women/wt rack/meetinfo/PP-Invite
6-18-Apr	CVOTC Ambulatory/Throws Camp	Chula Vista, CA	USA	Invite only	N/A	6-11 April (Throwers), 11-18-April (Ambulatory)
10-Apr	NTC Throws and Jumps Challenge #5	Clermont, FL	USA	Open	IPC	Throws/Jumps (all classes) www.throwscoachflorida.com

10-Apr	Boston Moon Classic	Nashville, TN	USA	Invite only	IPC	Tennessee State Univ. calendar event
11-Apr	Carlos Lopes Golden Marathon	Lisbon	POR		IPC	
11-Apr	Paris Marathon	Paris	FRA		?	
12-18-Apr	African Athletics Championships	Casablanca Ideal Bourgone Center	MAR		IPC	Sport classes: 10's ,30's ,40's ,50's
12-13-Apr	UAE National Championships-Athletics	Al Ain	UAE		IPC	Sport classes: 10's ,30's ,40's ,50's
15-17-Apr	Mt. Sac Relays	Walnut,CA	USA	Invite only	IPC	FRI: Men's VI 200m, AMP 200m, SAT: Men's AMB 100M, VI 100M, Whch 800M, WHC 1500M, Women's WHC 800M, WHC 1500M
16-17-Apr	EMU Invitational	Ypsilanti, MI	USA	Invite only	IPC	www.directathletics.com
17-Apr	International Open Comunidad Valenciana Champs.	Valencia Antiguo Cauce Rio Turia	ESP		IPC	Sport classes: 10's ,30's ,40's ,50's
17-Apr	CP Grand Prix	Perivale	FRA		?	CP+ Guest
19-Apr	Boston Marathon	Boston	USA	Open	IPC	entry closed
22-24-Apr	Penn Relays	Philadelphia, PA	USA	Invite only	IPC	Men's 4x100m relay, 100m AMB, VI
23-25-Apr	Gateway Games	St Charles, MO	USA	Open	IPC	www.dasasports.org
22-24-Apr	SEWSA Games	North Myrtle Beach, SC	USA	Open	IPC	www.SWESAGames.com
23-28-Apr	Kuwait International Open Field Events	Keefan Stadium	KUW		IPC	all classes-field events only
23-24-Apr	UCSD Invitational	LaJolla, CA	USA	Invite only	IPC	www.directathletics.com
24-Apr	Leinster Open-Athletics	Wicklow Greystones	IRL		IPC	all classes-field events only
25-Apr	Marathon	Padua	ITA		?	
25-Apr	London Marathon	London	GBR		IPC	
30-Apr-May 2	Mar Del Plata Open	Mar Del Plata Emdor Stadium	ARG		IPC	Sport classes: 10's ,30's ,40's ,50's
30-Apr-May 3	Developing Amazing Leaders Conference	Colorado Springs, CO	USA		N/A	U.S. Paralympics Conference
1-May	3rd International Athletics Meeting	Avignon	FRA		?	
1-May	Mid America Games	Overland Park, KS	USA	Open	IPC	Contact:Joe Dold (816) 582-4024; jdold@cekinsurance.com
1-2-May	BWAA GP-Athletics	Stoke Mandeville	GBR		IPC	
1-3-May	BUCS Championships-Athletics	Bedford	GBR		IPC	
2-May	The 19th Seoul International Wheelchair Marathon	Seoul	KOR		IPC	
2-May	Bloomsday 12km	Spokane, WA	USA		N/A	
1-2-May	Steve Scott Invitational	Irvine, CA	USA	Invite only	IPC	Resident Program
3-5-May	PETRA Open Athletics Championships	Irbed Al-Hasan Sport City	JOR		IPC	
7-9-May	Dixie Games	Tampa, FL	USA	Open	IPC	www.dixiegames.com
7-8-May	U-M Paddock Invitational	Ann Arbor, MI	USA	Invite only	IPC	Univ. of Michigan calendar event
8-May	Challenge Games	Derby, KS	USA	Open	IPC	
8-May	Penn State Open	University Park, PA	USA	Open	IPC	Penn State Univ. calendar event

8-May	Tunisia National Championships	Tunis Nabeul	TUN		IPC	10's, 40's, 50's
8-9-May	Dogwood Meet	Victoria, BC	CAN		?	
13-May	Daniella Jutzeler Memorial Meet	Muttenz	SUI		?	
13-16-May	Ohio Wheelchair Games	Columbus, OH	USA	Open	IPC	Wheelchair events only
10-14-May	Warrrior Games	Colorado Springs, CO	USA	Open	IPC	Military only
14-16-May	Atlantic Throws Summit	Halifax	CAN		?	WC Throwers
15-May	Schenkon Marathon	Schenkon	SUI		?	
16-May	Colfax Marathon	Colfax, CO	USA	Open	IPC	www.active.com
16-May	NTC Classic Track and Field Meet	Clermont, FL	USA	Open	IPC	www.throwscoachflorida.com
16-May	Great Manchester Run-Athletics	Manchester	GBR		IPC	
16-May	Great Games-Athletics	Manchester	GBR		IPC	
17-22-May	Desert Challenge Military Camp	Mesa, AZ	USA	Invite only	N/A	Military only
20-21-May	Colorado State High School Meet	Colorado	USA	Open	IPC	800m wheelchair race and all class 100m
19-23-May	Desert Challenge Games	Mesa, AZ	USA	Open	IPC	www.desertchallengegames.com
21-23-May	Great Lakes Games	Lake Forest, IL	USA	Open	IPC	www.Glasa.org
21-23-May	Tri State Games	Edison, NJ	USA	Open	IPC	
21-23-May	Chinook Invitational Throws Meet	Lethbridge	CAN		?	
22-23-May	Loughborough International-Athletics	Loughborough	GBR		IPC	
22-23-May	USATF Winter Fun Meet	Cedar Park, TX	USA	Open	IPC	www.usatfsouthtexas.org
23-26-May	BT Paralympic World Cup	Manchester	ENG	Invite only	IPC	all classes
27-29-May	W Virginia Challenged Championships	Charleston, WV	USA	Open	IPC	www.wsusa.org
29-30-May	Dutch Open (IWAS)	Emmen	NED		?	
29-May	XII Basauri Meeting Basauriko Probak-Athletics	Basauri	ESP		IPC	
June(5?)	Saint Laurent Select	Montreal, QC	CAN		?	
5-Jun	V Great Prize Skoda Meeting ISS	Barcelona	ESP		IPC	10's, 30's, 40's, 50's
5-6-Jun	Courage Center Games	Golden Valley, MN	USA	Open	IPC	www.wsusa.org
5-6-Jun	Mason's Meet	North Brunswick, NJ	USA	Open	IPC	www.wsusa.org
5-6-Jun	Thunder in the Valley Games	Saginaw, MI	USA	Open	IPC	www.wsusa.org
6-Jun	Track Meeting (IWAS SERIES)	Stadskanaal	NED		?	
8-Jun	Neli Cooman Games	Stadskanaal	NED		?	
9-Jun	International Bayer Meeting	Leverkusen	GER		?	
10-13-Jun	Endeavor Games	Edmond, OK	USA	Open	IPC	www.ucoendeavorgames.com
11-13-Jun	New England Games	MA	USA	Open	IPC	www.wsusa.org
11-13-Jun	Appalachian Games	Baltimore, MD	USA	Open	IPC	

						www.wsusa.org
11-13-Jun	Mid Atlantic Games	Fishersville, VA	USA	Open	IPC	www.wsusa.org
11-13-Jun	German National Championships	Bottrop	GER		IPC	Classes: 10's, 30's, 40's, 50's
12-13-Jun	Wales National Championships-Athletics	Cardiff	GBR		IPC	
12-14-Jun	Ian Hume	Sherbrooke, QC	CAN		?	
18-20-Jun	U.S. Paralympics T&F National Champs.	Miramar, FL	USA	Open	IPC	World Championships Team Selection
23-27-Jun	USATF National Championships	Des Moines, IA	USA	Invite only	IPC	Tentative
24-Jun	Track Meeting	Arbon	SUI		?	WC Only
25-26-Jun	Czech Open	Olomuc	CZE		?	
26-27-Jun	Swiss National Championships	Arbon	SUI		?	
25-30-Jun	4th International Meeting of Tunis	Rades	TUN		IPC	Classes: 10's, 30's, 40's, 50's
25-27-Jun	Aviva European Trials & UK Championships	Birmingham	GBR		IPC	
June	Kajacs International (Tentative)	Richmond, BC	CAN		?	
June	Cedartown 5K	Cedartown, GA	USA		N/A	Wheelchair only
TBA	Mexican Junior Paralympic Games	Guadalajara, Jalisco	MEX		?	
July	Peachtree 10K	Atlanta, GA	USA		N/A	wheelchair only
July	Meet in the Heat	Atlanta, GA	USA	Open	IPC	Tentative
27-Jul-1 Aug	USATF National Junior Olympic Outdoor Track & Field Championships	Sacramento, CA	USA	Invite Only	IPC	Tentative
3-Jul	CP Grand Prix IV	Nottingham	GBR		?	
4-9-Jul	National Veterans Wheelchair Games	Denver, CO	USA	Open	IPC	Military only
6-12-Jul	Russian Nationals	Khanti-Mansiisk	RUS		?	
10-Jul	Avia British Grand Prix	Gateshead	GBR		?	
10-Jul	Boiling Point	Winsor, ON	CAN		?	Throwers
10-11-Jul	BWAA GP	Stoke-Mandeville	GBR		?	Throwers
16-18-Jul	Quebec Provincial Championships	TBD?	CAN		?	
17-Jul	CPSport Development Games	Nottingham	GBR		?	CP + Guest
18-25-Jul	National Junior Disability Champs.	Deerfield & Lake Forest, IL	USA	Open	IPC	www.njdc2010.org
29-July-1-Aug	Canadian Track & Field Championships	Toronto, ON	CAN		?	
8-Aug	Ontario Para-Athletic Championships	???	CAN		?	
20-29-Aug	IWAS World Jr. Championships	Olomouc	CZE	Invite only	?	

20-30-Sept	Team Prep Camp	Chula Vista, CA	USA	Worlds Team	N/A	Required for World Championships Team
21-31-Oct	Team Prep Camp (2 Competitions tentative)	Chula Vista, CA	USA	Worlds Team	IPC	Required for World Championships Team
30-Nov-11-Dec	Team Prep Camp (2 Competitions tentative)	Chula Vista, CA	USA	Worlds Team	IPC	Required for World Championships Team

2010 OPERATION GOLD

There is no World Championship event for Track and Field in 2010.

Paralympic Sport Payment Schedule				
Place	World Championships 1 st year in quad	World Championships 2 nd year in quad	World Championships 3 rd year in quad	Paralympic Year*
1 st	\$3,000	\$3,000	\$3,000	\$5,000
2 nd	\$2,500	\$2,500	\$2,500	\$3,500
3 rd	\$2,000	\$2,000	\$2,000	\$2,500
4 th	\$1,500	\$1,500	\$1,500	
5 th	\$1,000	\$1,000	\$1,000	
6 th	\$500	\$500	\$500	

* = In the Paralympic year, athletes are eligible for multiple medals won.

In the Olympic/Paralympic year, multiple Operation Gold Awards will be paid to qualifying athletes. In non-Olympic/Paralympic years, Operation Gold Awards are limited to one award per athlete in a program year. Athletes who qualify in multiple events during a non-Olympic/Paralympic year will only receive the highest award amount for which he/she qualified at the specified competition.

For Paralympic sports in non-Paralympic years, individuals must finish in one of the top six (6) places and among the top 50% of the athletes who started the event to qualify for Operation Gold Awards. Teams must finish in one of the top four (4) places to qualify for Operation Gold Awards.

Paralympic Division
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**Attachment A
2010 U.S. Paralympics Track and Field Standards**

WOMEN

Event	Class	Core/ Tier	Eligible Classes	National Team "A"	National Team "B"	Emergin g	Military	National Champs. Elite (entry standard)	National Champs. Junior (entry standard)
100m	T11	Core	T11	13.00	13.70	16.25	16.90	16.90	18.20
100m	T12	Core	T12	12.60	13.00	15.75	16.38	16.38	17.64
100m	T13	Core	T13	12.60	13.00	15.75	16.38	16.38	17.64
100m	T34	Core	T33/34	21.50	29.75	26.88	27.95	27.95	30.10
100m	T35	Tier	T35	20.20	23.85	25.25	26.26	26.26	28.28
100m	T36	Core	T36	15.50	17.05	19.38	20.15	20.15	21.70
100m	T37	Core	T37	14.50	15.25	18.13	18.85	18.85	20.30
100m	T38	Core	T38	14.40	15.15	18.00	18.72	18.72	20.16
100m	T42	Core	T42	18.20	20.60	22.75	23.66	23.66	25.48
100m	T44	Core	T43/44	14.20	15.20	17.75	18.46	18.46	19.88
100m	T46	Core	T45/46	12.70	13.35	15.88	16.51	16.51	17.78
100m	T52	Core	T51/52	21.50	23.25	26.88	27.95	27.95	30.10
100m	T53	Core	T53	18.00	18.50	22.50	23.40	23.40	25.20
100m	T54	Tier	T54	17.00	17.50	21.25	22.10	22.10	23.80
200m	T11	Core	T11	26.50	28.40	33.13	34.45	34.45	37.10
200m	T12	Core	T12	25.70	26.75	32.13	33.41	33.41	35.98
200m	T13	Tier	T13	25.70	26.75	32.13	33.41	33.41	35.98
200m	T34	Tier	T33/34	40.00	55.00	50.00	52.00	52.00	56.00
200m	T35	Tier	T35	45.00	52.50	56.25	58.50	58.50	63.00
200m	T36	Core	T36	34.00	39.50	42.50	44.20	44.20	47.60
200m	T37	Core	T37	31.00	32.50	38.75	40.30	40.30	43.40
200m	T38	Core	T38	30.00	31.75	37.50	39.00	39.00	42.00
200m	T44	Core	T43/44	28.80	31.90	36.00	37.44	37.44	40.32
200m	T46	Core	T45/46	26.00	27.20	32.50	33.80	33.80	36.40
200m	T52	Core	T51/52	39.50	43.25	49.38	51.35	51.35	55.30
200m	T53	Core	T53	31.50	33.25	39.38	40.95	40.95	44.10
200m	T54	Tier	T54	30.00	31.15	37.50	39.00	39.00	42.00
400m	T11	Tier	T11	1:04.00	1:14.50	1:20.00	1:23.20	1:23.20	1:29.60
400m	T12	Core	T12	58.50	61.75	73.13	76.05	76.05	81.90
400m	T13	Core	T13	58.00	61.50	72.50	75.40	75.40	81.20
400m	T37	Tier	T37	1:18.00	1:29.00	1:37.50	1:41.40	1:41.40	1:49.20
400m	T46	Tier	T45/46	1:01.00	1:10.50	1:16.25	1:19.30	1:19.30	1:25.40
400m	T52	Tier	T51/52	1:20.00	1:25.00	1:40.00	1:44.00	1:44.00	1:52.00
400m	T53	Core	T53	57.00	61.50	71.25	74.10	74.10	79.80
400m	T54	Tier	T54	56.00	58.00	70.00	72.80	72.80	78.40
800m	T11	Tier	T11	2:45.00	3:00.00	3:26.25	3:34.50	3:34.50	3:51.00
800m	T52	Tier	T51/52	2:50.00	3:20.00	3:32.50	3:41.00	3:41.00	3:58.00
800m	T53	Core	T53	1:55.00	2:05.00	2:23.75	2:29.50	2:29.50	2:41.00
800m	T54	Core	T54	1:52.00	1:55.00	2:20.00	2:25.60	2:25.60	2:36.80
1500m	T12	Tier	T11/12	5:00.00	5:22.50	6:15.00	6:30.00	6:30.00	7:00.00
1500m	T13	Tier	T13	4:55.00	5:17.50	6:08.75	6:23.50	6:23.50	6:53.00
1500m	T54	Core	T53/54	3:30.00	3:35.00	4:22.50	4:33.00	4:33.00	4:54.00

5000m	T54	Core	T53/54	12:00.00	12:25.00	15:00.00	15:36.00	15:36.00	16:48.00
Marathon	T54	Core	T53/54	1:42:00	1:50:00	2:07:30	2:12:36	2:12:36	2:22:48
Discus	F12	Core	F11/12	38.50	33.75	30.80	29.62	29.62	27.50
Discus	F35	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F36	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F37	Core	F37	27.00	23.75	21.60	20.77	20.77	19.29
Discus	F40	Core	F40	23.50	20.63	18.80	18.08	18.08	16.79
Discus	F51	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F52	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F53	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F54	Tier	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F55	Tier	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F56	Tier	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F57	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F58	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F13	Tier	F12/13	27.50	23.75	22.00	21.15	21.15	19.64
Javelin	F33	Core	F33/34/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F34	Core	F33/34/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F37	Core	F37	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F38	Core	F38	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F46	Core	F46	32.50	28.85	26.00	25.00	25.00	23.21
Javelin	F52	Core	F33/34/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F53	Core	F33/34/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F54	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F55	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F56	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F57	Tier	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F58	Tier	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Long jump	F11	Tier	F11	3.70	3.23	2.96	2.85	2.85	2.64
Long jump	F13	Tier	F12/13	5.60	5.30	4.48	4.31	4.31	4.00
Long jump	F38	Tier	F37/38	3.25	3.03	2.60	2.50	2.50	2.32
Long jump	F42	Core	F42	3.50	3.00	2.80	2.69	2.69	2.50
Long jump	F46	Core	F44/46	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F11	Tier	F11	7.00	6.25	5.60	5.38	5.38	5.00
Shot Put	F12	Core	F12	11.50	10.25	9.20	8.85	8.85	8.21
Shot Put	F32	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F33	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F34	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F35	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F36	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F37	Core	F37	10.20	9.10	8.16	7.85	7.85	7.29
Shot Put	F40	Core	F40	7.40	6.50	5.92	5.69	5.69	5.29
Shot Put	F42	Tier	F42/44/46P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F44	Tier	F42/44/46P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F46	Tier	F42/44/46P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F52	Tier	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F53	Tier	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F54	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F55	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F56	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F57	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD

Shot Put	F58	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Club	F31	Tier	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD
Club	F32	Tier	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD
Club	F51	Tier	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD

MEN

Event	Class	Core / Tier	Eligible Classes	National Team "A"	National Team "B"	Emerging	Military	National Champs. Elite (entry standard)	National Champs. Junior (entry standard)
100m	T11	Core	T11	11.35	11.55	14.19	14.76	14.76	15.89
100m	T12	Core	T12	11.00	11.18	13.75	14.30	14.30	15.40
100m	T13	Core	T13	11.00	11.18	13.75	14.30	14.30	15.40
100m	T34	Tier	T33/34	19.00	22.60	23.75	24.70	24.70	26.60
100m	T35	Core	T35	13.40	14.13	16.75	17.42	17.42	18.76
100m	T36	Core	T36	12.40	12.85	15.50	16.12	16.12	17.36
100m	T37	Core	T37	12.00	12.30	15.00	15.60	15.60	16.80
100m	T38	Core	T38	11.60	12.05	14.50	15.08	15.08	16.24
100m	T42	Core	T42	13.00	14.25	16.25	16.90	16.90	18.20
100m	T44	Core	T43/44	11.50	11.85	14.38	14.95	14.95	16.10
100m	T46	Core	T45/46	11.10	11.25	13.88	14.43	14.43	15.54
100m	T51	Tier	T51	24.50	27.25	30.63	31.85	31.85	34.30
100m	T52	Core	T52	17.80	18.60	22.25	23.14	23.14	24.92
100m	T53	Core	T53	15.20	15.60	19.00	19.76	19.76	21.28
100m	T54	Core	T54	14.75	14.98	18.44	19.18	19.18	20.65
200m	T11	Core	T11	23.30	23.80	29.13	30.29	30.29	32.62
200m	T12	Core	T12	22.30	22.80	27.88	28.99	28.99	31.22
200m	T13	Core	T13	22.20	22.75	27.75	28.86	28.86	31.08
200m	T34	Tier	T33/34	37.00	42.25	46.25	48.10	48.10	51.80
200m	T35	Core	T35	29.50	31.40	36.88	38.35	38.35	41.30
200m	T36	Core	T36	25.50	26.40	31.88	33.15	33.15	35.70
200m	T37	Core	T37	24.70	25.35	30.88	32.11	32.11	34.58
200m	T38	Core	T38	23.50	24.35	29.38	30.55	30.55	32.90
200m	T42	Tier	T42	27.50	30.75	34.38	35.75	35.75	38.50
200m	T44	Core	T43/44	23.30	24.15	29.13	30.29	30.29	32.62
200m	T46	Core	T45/46	22.40	22.80	28.00	29.12	29.12	31.36
200m	T51	Tier	T51	42.50	47.55	53.13	55.25	55.25	59.50
200m	T52	Core	T52	32.00	33.75	40.00	41.60	41.60	44.80
200m	T53	Core	T53	26.80	27.40	33.50	34.84	34.84	37.52
200m	T54	Tier	T54	25.50	26.10	31.88	33.15	33.15	35.70
400m	T11	Core	T11	52.00	53.75	65.00	67.60	67.60	72.80
400m	T12	Core	T12	50.00	51.30	62.50	65.00	65.00	70.00
400m	T13	Core	T13	50.00	51.30	62.50	65.00	65.00	70.00
400m	T34	Tier	T33/34	60.00	72.00	75.00	78.00	78.00	84.00
400m	T36	Core	T35/36	57.50	60.25	71.88	74.75	74.75	80.50
400m	T37	Tier	T37	55.50	57.15	69.38	72.15	72.15	77.70
400m	T38	Core	T38	53.00	55.50	66.25	68.90	68.90	74.20
400m	T44	Core	T43/44	53.50	55.75	66.88	69.55	69.55	74.90
400m	T46	Core	T45/46	49.50	50.55	61.88	64.35	64.35	69.30

400m	T52	Core	T52	61.50	65.25	76.88	79.95	79.95	86.10
400m	T53	Core	T53	50.50	52.25	63.13	65.65	65.65	70.70
400m	T54	Tier	T54	47.50	48.75	59.38	61.75	61.75	66.50
800m	T11	Tier	T11	2:07.00	2:16.00	2:38.75	2:45.10	2:45.10	2:57.80
800m	T12	Core	T12	1:56.00	2:01.00	2:25.00	2:30.80	2:30.80	2:42.40
800m	T13	Core	T13	1:55.00	2:00.00	2:23.75	2:29.50	2:29.50	2:41.00
800m	T36	Core	T35/36	2:19.00	2:29.50	2:53.75	3:00.70	3:00.70	3:14.60
800m	T37	Core	T37	2:07.00	2:12.50	2:38.75	2:45.10	2:45.10	2:57.80
800m	T46	Core	T45/46	1:54.00	1:57.00	2:22.50	2:28.20	2:28.20	2:39.60
800m	T52	Core	T51/52	2:00.00	2:10.00	2:30.00	2:36.00	2:36.00	2:48.00
800m	T53	Core	T53	1:38.00	1:40.00	2:02.50	2:07.40	2:07.40	2:17.20
800m	T54	Core	T54	1:36.00	1:38.00	2:00.00	2:04.80	2:04.80	2:14.40
1500m	T11	Core	T11	4:13.00	4:24.00	5:16.25	5:28.90	5:28.90	5:54.20
1500m	T12	Tier	T12	3:58.00	4:08.50	4:57.50	5:09.40	5:09.40	5:33.20
1500m	T13	Core	T13	3:57.00	4:07.00	4:56.25	5:08.10	5:08.10	5:31.80
1500m	T36	Tier	T36	4:55.00	5:12.50	6:08.75	6:23.50	6:23.50	6:53.00
1500m	T37	Core	T37	4:25.00	4:40.00	5:31.25	5:44.50	5:44.50	6:11.00
1500m	T46	Core	T45/46	3:58.00	4:03.00	4:57.50	5:09.40	5:09.40	5:33.20
1500m	T52	Tier	T51/52	3:56.00	4:20.50	4:55.00	5:06.80	5:06.80	5:30.40
1500m	T54	Core	T54	2:59.00	3:07.00	3:47.50	3:56.60	3:56.60	4:14.80
5000m	T11	Tier	T11	16:20.00	17:17.50	20:25.00	21:14.00	21:14.00	22:52.00
5000m	T12	Tier	T12	15:10.00	15:35.00	18:57.50	19:43.00	19:43.00	21:14.00
5000m	T46	Tier	T46	15:00.00	15:30.00	18:45.00	19:30.00	19:30.00	21:00.00
5000m	T52	Tier	T51/52	13:30.00	15:00.00	16:52.50	17:33.00	17:33.00	18:54.00
5000m	T54	Core	T53/54	10:10.00	10:20.00	12:42.50	13:13.00	13:13.00	14:14.00
10000m	T11	Tier	T11	33:10.00	34:15.00	41:27.50	43:07.00	43:07.00	46:26.00
10000m	T12	Tier	T12	32:20.00	33:20.00	40:25.00	42:02.00	42:02.00	45:16.00
10000m	T54	Tier	T51-54	20:20.00	20:40.00	25:25.00	26:26.00	26:26.00	28:28.00
Marathon	T11	Tier	T11	2:45:00	3:05:00	3:26:15	3:34:30	3:34:30	3:51:00
Marathon	T12	Tier	T12	2:36:00	2:48:00	3:15:00	3:22:48	3:22:48	3:38:24
Marathon	T46	Tier	T46	2:35:00	2:47:30	3:13:45	3:21:30	3:21:30	3:37:00
Marathon	T54	Core	T54	1:25:00	1:27:30	1:46:15	1:50:30	1:50:30	1:59:00
Club	F31	Core	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD
Club	F32	Core	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD
Club	F51	Core	F31/32/51P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F11	Core	F11	37.00	32.00	29.60	28.46	28.46	26.43
Discus	F12	Tier	F12	45.50	40.00	36.40	35.00	35.00	32.50
Discus	F32	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F33	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F34	Core	F32/33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F35	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F36	Core	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F37	Core	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F38	Core	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F40	Tier	F40	27.00	23.50	21.60	20.77	20.77	19.29
Discus	F42	Core	F42	44.00	39.50	35.20	33.85	33.85	31.43
Discus	F44	Tier	F44	50.00	45.00	40.00	38.46	38.46	35.71
Discus	F46	Tier	F46	40.50	36.75	32.40	31.15	31.15	28.93
Discus	F51	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F52	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F53	Core	F51/52/53P	TBD	TBD	TBD	TBD	TBD	TBD

Discus	F54	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F55	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F56	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F57	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Discus	F58	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
HighJump	F13	Tier	F12/13	1.80	1.68	1.44	1.38	1.38	1.29
HighJump	F42	Core	F42	1.68	1.54	1.34	1.29	1.29	1.20
HighJump	F46	Core	F44/46	1.95	1.85	1.56	1.50	1.50	1.39
Javelin	F11	Tier	F11	41.00	36.00	32.80	31.54	31.54	29.29
Javelin	F13	Core	F12/13	57.00	51.00	45.60	43.85	43.85	40.71
Javelin	F33	Tier	F33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F34	Tier	F33/34P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F35	Tier	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F36	Tier	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F37	Tier	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F38	Tier	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F40	Tier	F40	29.50	25.75	23.60	22.69	22.69	21.07
Javelin	F42	Core	F42	46.00	41.00	36.80	35.38	35.38	32.86
Javelin	F44	Core	F44	51.50	46.25	41.20	39.62	39.62	36.79
Javelin	F46	Tier	F46	48.00	42.50	38.40	36.92	36.92	34.29
Javelin	F52	Core	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F53	Core	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F54	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F55	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F56	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F57	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Javelin	F58	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
LongJump	F11	Core	F11	6.00	5.60	4.80	4.62	4.62	4.29
LongJump	F13	Core	F12/13	7.05	6.70	5.64	5.42	5.42	5.04
LongJump	F36	Core	F36	5.00	4.50	4.00	3.85	3.85	3.57
LongJump	F38	Core	F37/38	TBD	TBD	TBD	TBD	TBD	TBD
LongJump	F42	Tier	F42	5.25	4.75	4.20	4.04	4.04	3.75
LongJump	F44	Core	F43/44	6.25	5.70	5.00	4.81	4.81	4.46
LongJump	F46	Core	F45/46	6.75	6.45	5.40	5.19	5.19	4.82
Shot Put	F11	Tier	F11	12.50	11.30	10.00	9.62	9.62	8.93
Shot Put	F12	Core	F12	15.00	13.00	12.00	11.54	11.54	10.71
Shot Put	F32	Tier	F32/33P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F33	Tier	F32/33P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F34	Core	F34	10.20	9.20	8.16	7.85	7.85	7.29
Shot Put	F35	Tier	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F36	Tier	F35/36P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F37	Tier	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F38	Tier	F37/38P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F40	Core	F40	10.45	9.45	8.36	8.04	8.04	7.46
Shot Put	F42	Tier	F42	13.50	12.60	10.80	10.38	10.38	9.64
Shot Put	F44	Tier	F43/44/46P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F46	Tier	F43/44/46P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F52	Core	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F53	Core	F52/53P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F54	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F55	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD

Shot Put	F56	Core	F54/55/56P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F57	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
Shot Put	F58	Core	F57/58P	TBD	TBD	TBD	TBD	TBD	TBD
TripleJump	F11	Core	F11	12.50	11.00	10.00	9.62	9.62	8.93
TripleJump	F12	Core	F12	14.50	13.00	11.60	11.15	11.15	10.36
TripleJump	F46	Core	F45/46	13.00	11.75	10.40	10.00	10.00	9.29
Pentathlon	P12	Tier	F11-13	TBD	TBD	TBD	TBD	TBD	TBD

Attachment B

2010 U.S. Paralympics Track and Field Direct Athlete Support

1. Direct Athlete Support is processed quarterly on February 1, May 1, August 1 and November 1
2. Athletes are eligible for Direct Athlete Support at the beginning of the quarter following their nomination to the National Team.
3. Athlete Support is provided to athletes that are in compliance with 2010 Athlete Agreement obligations. If an athlete is not current with the Athlete Agreement obligations on the first day of the quarter in which the payment is being made, the athlete's payment will be withheld until he/she is compliant.
4. Athlete support is paid directly to the athlete. National Team athletes are responsible for understanding and maintaining their own eligibility status with other organizations where applicable (i.e. NCAA, NFHS, etc.), and may choose to decline direct athlete support payments in order to retain high school or collegiate eligibility.
5. Athlete support is contingent upon maintaining consistent performance standards and competitions results.

Criteria for Track and Field Direct Athlete Support

Athletes who are named to the 2010 National Team based on 2009 results and those who meet the U.S. Paralympics "A" or "B" standards throughout 2010 and are nominated to the National Team will be paid based on the table listed below :

Place	Quarterly Amount
"A" standard qualifier	\$1,000
"B" standard qualifier	\$500

Attachment C

2010 U.S. Paralympics Track and Field Additional Athlete Support Programs

TRAVEL SUPPORT

U.S. Paralympics recognizes the importance of access to high level domestic and international competition and encourages National Team athletes to attend IPC sanctioned competitions throughout the year.

To this end, U.S. Paralympics will provide 2010 National Team athletes with \$500/year to fund travel and accommodation to sanctioned events outlined in the Program Activities section. Athletes are encouraged to consult with the High Performance Director prior to attending an event. Athletes will be paid directly in the form of reimbursement AFTER the competition. Request for reimbursement along with receipts should be faxed to 719-866-4288 or scanned and emailed to Cathy.Sellers@usoc.org.

Additional funding will be given to the highest ranking athletes after the National Championships as a Preparation Grant for the 2011 IPC Athletics World Championships.

COACHING SUPPORT

The 2010 Coaching Allowance will only be paid directly to a coach approved by U.S. Paralympics. Approvals will be based on the Personal Performance Plan submitted by each athlete and by the applicant coach's credentials. Athletes will nominate coaches, to the Associate Director of High Performance-Track and Field by submitting the Personal Performance Plan and coach's resume. Monthly allowance will be paid directly to coaches upon submission of invoice, monthly training plan and a log of the previous month's training.

- National Team athletes that are part of a Resident Program are not eligible.
- National team athletes may not nominate themselves or any family member as their own coach and collect the Coaching Allowance.
- If a National team athlete does not have a coach or is unable to locate one, U.S. Paralympics will assist athletes to find a coach appropriate for the athlete's needs.

Place	Stipend amount (paid monthly)	Stipend amount for USATF Level 1 Coaches (paid monthly)
"A" standard qualifier	\$250.00	\$300.00
"B" standard qualifier	\$100.00	\$150.00

WORLD RECORD BONUS

U.S. Paralympics will offer a world record bonus incentive program. World record bonuses will be awarded only at IPC Approved events (outdoor only) outlined in the 2010 Program Activities. One thousand dollars (\$1,000) will be awarded for each world record. Athletes may only collect one world record bonus per event during their 2010 National Team term (i.e., athlete X can only receive one world record bonus payment for the Men's T44 100m, but multiple payments may be paid if athlete X were to break the world record in the Men's T44 100m and Men's T44 200m. Relay world record bonuses will be split among the four athletes establishing the World Record.

Attachment D

2010 U.S. Paralympics Track and Field Elite Athlete Health Insurance (EAHI) Criteria

The USOC agrees to provide up to 30 EAHI slots to athletes who meet the eligibility and criteria. The approved EAHI eligibility and criteria for EAHI is as follows:

Athletes must be currently training and competing to receive EAHI and they must sign the 2010 Athlete Agreement.

- Criteria 1: All 2010 National Paralympic Team athletes are eligible for EAHI.
- Criteria 2: Athletes who meet the 2010 U.S. Paralympics Track and Field National Emerging or Military Standards may be eligible for EAHI as determined by the U.S. Paralympics Associate Director of High Performance and Team Leader. Selection for EAHI will be based on current performance at a level that indicates a positive trajectory of performance with a chance to medal in the Paralympic Games or World Championships between 2012 and 2016.
- Should there be more athletes than slots available after Criteria 1 and or Criteria 2, the decision to award EAHI will be based on which athlete(s) have the best opportunity to medal at the Paralympic Games in 2012.
- Should there be any available slots after all eligible athletes [who request and] have been awarded EAHI, those slots will remain unused.

Attachment F

2010 U.S. Paralympics Track and Field Resident Program

The United States Olympic Committee (USOC), through its Paralympic Division ("U.S. Paralympics") and in conjunction with USA Track and Field has implemented a Track and Field Resident Program at the Olympic Training Center-Chula Vista (CVOTC) through the 2012 London Paralympic Games. The OTC Resident program is a high level training environment. The Track and Field program will consist of 8 on-site residents and 2 off-site residents.

Eligibility:

- Be at least 15 years of age (OTC policy).
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- High School age applicants must be enrolled in high school and maintain a 2.7 GPA. *Program staff will strongly recommend online courses or enrolling in private school to best facilitate both school and training requirements.*
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOC Track and Fields Medicine including thorough medical history and comprehensive physical examination.

Acceptance & Application:

Acceptance to the Resident Program will be at the sole discretion of U.S. Paralympics and all positions in the Resident Program will not necessarily be filled. Evaluation of athletes for acceptance to the Resident Program will consider a wide range of factors including:

- Space availability.
- Meeting and maintaining a minimum emerging standard (Attachment A) per the athlete's specific event/classification.
- Athlete's current "home" training environment.
- Potential for the athlete to medal at the World Championships/ 2012 Paralympic Games.
- Projected effect/impact of the Track and Field Resident Program on the athlete's medal potential.
- Athlete's desire and willingness to commit fully to the training Resident Program.
- Training compatibility with other resident athletes.
- Relevant performance data from current Quadrennium

The Application and all necessary forms for the Resident Program are available at www.usparalympics.org when space is available. Any athlete who wishes to participate must apply and be accepted into the Resident Program.

Program Description

The Track and Field Resident Program hosted at the Olympic Training Center-Chula Vista is designed for ambulatory athletes participating in the Paralympic throwing, jumping, and sprinting events. The Track and Field Resident Program hosted at the Center of Excellence within the University of Illinois is designed for wheelchair athletes participating in Paralympic track events.

Athlete Obligations and Responsibilities

Each athlete participating in the program is required to:

- Cover his/her own expenses for moving to San Diego (airfare, gas, shipping costs, etc.)
- Agree to and follow the training program defined by the Resident Program Coach for that athlete
- Develop short-, mid-, and long-term performance markers with the Olympic Training Center (OTC) Resident Program Coaches (as well as Strength and Conditioning Coaches), pursue achievement of those markers,
- Attend all training sessions, competitions and other team activities (meetings, testing, community appearances, OTC-hosted special events, etc.) as directed by the Resident Program Coaches
- Wear U.S. Paralympics uniforms, competition wear and other clothing at official competitions and functions as directed by the Resident Program Coach.
- Provide his/her own clothing and equipment appropriate for training and competition (including shoes), except when required to wear U.S. Paralympics provided uniforms and competition wear.
- Agree to and abide by the rules of the USOTC - Chula Vista

Athletes participating in the program are specifically prohibited from soliciting training programs from external coaches without the consent and inclusion of the Resident Program Coaches. U.S. Paralympics and USATF have agreed to work collaboratively as determined to be advantageous to both programs by the program lead coaches.

Removal from the Program

Athlete participation in the program may be terminated at any time by U.S. Paralympics. Notice of removal from the program will be provided to the athlete in writing and will be effective immediately upon such notice or as specified in the notice. An athlete may appeal removal from the program pursuant to the USOC Grievance Procedures for U.S. Paralympics National Teams and Programs, provided as a part of the U.S. Paralympics National Team Agreement.

Removal from the program may result from any of the following or any other reason determined valid by U.S. Paralympics:

- Failure to meet the requirements to qualify for the national team (annually)
- Failure to qualify for a U.S. team to the major international competition (such as World Championships or Paralympic Games)
- Failure to meet the performance markers or other elements of the athlete's personal performance plan
- Failure to comply with the U.S. Paralympics Athlete Agreement, the OTC rules, or the requirements of the resident program
- Violation of the USADA Anti-Doping policies
- Persistent incompatibility with the National Team Coach and/or other resident athletes that detracts from the training or performance of any member of the OTC community

Coaching Staff

The Resident Program Coaching staff currently consists of Al Joyner (Jumps and Sprints), Joaquim Cruz (Middle Distance, Distance, Relays and Military programs) and Toby Lemon (Track and Field Resident Coordinator). Additional staffing is currently being discussed between U.S. Paralympics and USA Track & Field.