



## U.S. Paralympics Track and Field 2010 Performance Plan

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### PROGRAM GOALS

The primary focus in 2010 is to secure the maximum number of quality competition slots for the 2011 World Championships. To achieve that goal the focus will be that national team athletes receive quality training and competition opportunities with limited support provided toward emerging and military athletes who have the potential to develop into 2012 Paralympic Games medal contenders.

Specific activities in pursuit of these program goals will include:

- Continued integration of the Olympic and Paralympic Resident Program for ambulatory sprints, jumps and throws athletes at the U.S. Olympic Training Center - Chula Vista.
- The solidification of a resident program for wheelchair track athletes at the University of Illinois.
- Increase emerging athlete pool particularly in targeted events/classification groups (CP, VI and women).
- Establish Emerging/Junior National Team.
- Increase access to and standard of domestic competitions.
- Improve standard of coaching and access to coaching for current athlete pool (continue to offer Coaching Support to National Team athletes).
- Increase Track and Field science review in technical and endurance events.

### 2010 NATIONAL TEAM

U.S. Paralympics will nominate a Track and Field National Team for 2010, based on athlete performances from the 2009 and the 2010 season.

1. 2009 season--Athletes who have met the 2009 U.S. Paralympics "A" standard prior to December 31, 2009 will be named to the team from January 1, 2010 through the naming of the World Championships Team. Athletes named to the National team in this manner, must achieve the "A" or "B" standard prior to and/or during the National Championships to retain their National Team status through December 31, 2010.
2. 2010 season—Athletes who meet the U.S. Paralympics "A" or "B" standard at a Track and Field sanctioned event (see Sanctioned Events section below) from January 1, 2010 through December 31, 2010 become eligible for National Team

benefits at three times during the year and will retain their National Team status through December 31, 2010

- Qualifiers between January 1 and March 31 will be nominated to the National Team on April 1.
- Qualifiers between April 1 and June 30 will be nominated to the National Team on July 1.
- Qualifiers between July 1 and September 30 will be nominated to the National Team on October 1.

National Team status and benefits are only conferred upon athletes who accept, sign and remain current with the U.S. Paralympics National Team Athlete Agreement and have a U.S. Paralympics or IPC official classification.

The 2010 U.S. Paralympics Track and Field National Team Standards (Attachment A) are based on the following:

- The National Team “A” standard is the same as the 2011 IPC Athletics World Championships Automatic Qualifying Standard (AQS).
- The National Team “B” standard is the average of the time or distance between the 2011 IPC Athletics World Championships AQS and BQS.

**\*\* National Team status may not be earned based on performances in relays.\*\***

## **2011 NATIONAL TEAM**

U.S. Paralympics will nominate a Track and Field National Team for 2011, based on athlete performance at the 2011 IPC Athletics World Championships or the achievement of the “A” or “B” standard in 2011.

### *2011 National Team Qualifying*

- Athletes who win one or more medals in individual events at the 2011 IPC Athletics World Championships.
- Non-medaling athletes with one or more top eight finishes in individual events provided that the finish result is also among the top 50% of the athletes who started the event.
- Athletes who meet the U.S. Paralympic National Team “A” or “B” standard in the 2011 calendar year.

Athletes will be named to the National Team on February 1, 2011 and will retain National Team status through the start of the 2011 U.S. Paralympics Track and Field National Championships. Athletes named to the National Team in this manner, must achieve the “A” or “B” standard prior to and/or during the National Championships to retain their National Team status through December 21, 2011.

## **DISCRETIONARY NOMINATION**

Discretionary selection may be used if an athlete who has demonstrated international competitiveness during the qualification period for the 2009 National Team was ill, injured, or otherwise unable to compete or perform at a level to qualify him/her for the

team; but it is expected that the athlete will return to internationally competitive form during 2011.

The Associate Director, Paralympic Track and Field High Performance in consultation with the Team Leader will make discretionary selections. All athletes nominated to the 2010 National Team through discretionary selection must have been on a previous National Team during the preceding two years (2008 – 2009).

### **EMERGING ATHLETES**

Athletes who meet the Emerging standard during 2010, at a Track and Field sanctioned event (see Sanctioned Events section below), **may** be invited to participate in selected U.S. Paralympics Track and Field National Team activities.

2010 Emerging standards (Attachment A) are based on 25% of the IPC and U.S. Paralympics “A” Standard.

### **MILITARY ATHLETES**

Military athletes who meet the Military standard during 2010, at a Track and Field sanctioned event (see Sanctioned Events section below), **may** be invited to participate in selected U.S. Paralympics Track and Field National Team activities.

Active-duty and veteran military athletes may also be eligible for U.S. Paralympics Military Program activities and events that are not included as part of the 2010 Track and Field Performance Plan activities.

2010 Military standards (Attachment A) are based on 30% of the IPC and U.S. Paralympics “A” Standard.

### **NATIONAL TEAM BENEFITS**

***National Team athletes are eligible for the following benefits:***

1. USOC Direct Athlete Support (Attachment B)
2. Track and Field specific Support Programs (Attachment C)
2. USOC Elite Athlete Health Insurance (EAHI) program (Attachment D)
3. Air transportation (or ground equivalent) (or ground equivalent), lodging, ground transportation, meal per diem, and coaching support at designated U.S. Paralympics training and competition activities
4. USOC Athlete Career Program
5. 24-Hour Fitness membership (1-year) / Note: this program is very competitive and memberships may not always be available to eligible athletes
6. Eligible to apply for USOC Tuition Grant and Legacy Scholarship
7. Use of the designation of National team member in non-commercial situations
8. U.S. Paralympics National Team uniform

### **APPROVED EVENTS**

#### **IPC Approved events**

Only performances achieved at an IPC Approved event can be used for the qualifying mark for the 2011 IPC Athletics World Championships or IPC World Rankings (which will be used for completing World Championships competition slots). The Program Activities section outlines which events are IPC Approved.

## National Team and National Championships Qualification events

U.S. Paralympics will accept results from IPC, USATF, NCAA, or State High School Championships for entry into the National Championships or to achieve National Team status. Events must have three (3) or more competitors in the event (any class) and USATF and/ or IPC certified officials shall conduct the competition. Results must be Fully Automatic Timed (FAT) with wind gauge readings. Wind gauge readings are required for the 100m, 200m, Long Jump and Triple Jump.

A U.S. Paralympics Proof of Performance Form must be submitted to document the athlete eligible for the A, B or Emerging/Military Team standard achieved. Proof of Performance forms can be found by visiting the Track and Field page of the U.S. Paralympics website or by visiting the following link: <http://usparalympics.org/pages/708>

## 2010 PROGRAM ACTIVITIES

National Team athletes will be required to attend all 2010 activities listed below unless the activity listing indicates an alternative group of participants. Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) unless otherwise indicated in the activity listing.

### IPC Licensing

National Team athletes are required to obtain a 2010 IPC License. More information about Licensing can be found by visiting the Track and Field page of the U.S. Paralympics website or by using the following link: <http://usparalympics.org/pages/5592>

**The following list of events is current as of February 1, 2010. This list of IPC Approved competitions will change throughout the year. An updated list of the IPC Approved events being hosted in the United States will be posted on the events page of the track and field section of the U.S. Paralympics website. <http://usparalympics.org/pages/8245>. An updated list of the IPC Approved events being hosted outside of the United States can be found in the competition calendar section of the IPC Athletics website. <http://ipc-athletics.paralympic.org/>**

### IPC Approved Event

**Event planned to be sent to IPC for approval**

**National Team Required**

| Date   | Event Name                     | Location            |     | Invitation / Approval | Notes           |
|--------|--------------------------------|---------------------|-----|-----------------------|-----------------|
| 9-Jan  | Penn State Relays              | University Park, PA | USA | N/A                   | Indoor          |
| 16-Jan | Penn State Northeast Challenge | University Park, PA | USA | N/A                   | Indoor          |
| 16-Jan | Seattle Indoor Meet            | Seattle, WA         | USA | N/A                   | Indoor          |
| 17-Jan | Houston Marathon               | Houston, TX         | USA | N/A                   |                 |
| 20-Jan | Canberra Track Meet            | Canberra            | AUS | IPC                   | Wheelchair only |
| 23-Jan | Albuquerque Indoor Meet        | Albuquerque, NM     | USA | N/A                   | Indoor          |
| 24-Jan | Sydney Track Meet              | Sydney              | AUS | IPC                   | Wheelchair only |
| 29-Jan | Penn State Nationals           | University Park, PA | USA | N/A                   | Indoor          |

|                  |   |                        |            |                    |            |   |
|------------------|---|------------------------|------------|--------------------|------------|---|
| 30-Jan           | Canberra Grand Prix                           | Canberra               | AUS        |                    | IPC        |   |
| <b>13-Feb</b>    | <b>NTC Throws and Jumps Challenge #3</b>      | <b>Clermont, FL</b>    | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Throws/Jumps only (all classes)<br/>www.throwscoachflorida.com</b> |
| 3-4 Feb          | Al Ain Athletics International Meeting        | Al Ain                 | UAE        |                    | IPC        | Classes 30's, 40's, 50's  |
| 5-6-Feb          | Sykes-Sabock Challenge                        | University Park, PA    | USA        |                    | N/A        | Indoor  |
| 8-13-Feb         | 2nd Faaza International Competition           | Dubai                  | UAE        |                    | IPC        | Wheelchair track events only  |
| 13-14-Feb        | Aviva Indoor Invitational-World Trial         | Sheffield              | GBR        |                    | N/A        | Indoor  |
| 20-Feb           | Aviava Indoor GP                              | Birmingham             | GBR        |                    | N/A        | Indoor  |
| <b>20-Feb</b>    | <b>USATF Winter Fun Meet</b>                  | <b>Cedar Park, TX</b>  | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.usatfsouthtexas.org</b>  |
| 11-14-Mar        | Open de Athletismo Fadesir                    | Buenos Aires           | ARG        |                    | IPC        | Classes 10's, 30's, 40's, 50's  |
| <b>13-14-Mar</b> | <b>Aztec Invitational</b>                     | <b>San Diego, CA</b>   | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Resident Program</b>   |
| 13-14-Mar        | BUCS Indoor Championships-Athletics           | Sheffield              | GBR        |                    | N/A        | Indoor  |
| <b>18-21 Mar</b> | <b>Walt Disney World® Invitational</b>        | <b>Orlando, FL</b>     | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.directathletics.com</b>  |
| 18-21-Mar        | Australian Capitol Territory Championships    | Canberra               | AUS        |                    | IPC        |   |
| 19-Mar           | Morehouse Relays                              | Atlanta, GA            | USA        | Invite only        | IPC        | Tennessee State Univ. calendar event                                  |
| <b>20-Mar</b>    | <b>NTC Throws and Jumps Challenge #4</b>      | <b>Clermont, FL</b>    | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Throws/Jumps (all classes)<br/>www.throwscoachflorida.com</b>      |
| <b>21-Mar</b>    | <b>Los Angeles Marathon</b>                   | <b>Los Angeles</b>     | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>http://www.lamarathon.com/</b>                                     |
| 21-Mar           | 13th Kyushu Challenge Championships           | Kumamoto               | JPN        |                    | IPC        | classes 10's, 30's, 40's, 50's  |
| 25-31-Mar        | NEDBANK National Championships                | Port Elizabeth         | RSA        |                    | IPC        | classes 10's, 30's, 40's, 50's  |
| <b>26-27-Mar</b> | <b>US Military Academies Championships</b>    | <b>Lexington, VA</b>   | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Military athletes only</b>   |
| 26-28-Mar        | National Champs Athletics New Zealand         | Christchurch           | NZL        | Invite only        | IPC        | Site Visit for World Championships                                    |
| <b>27-Mar</b>    | <b>Tennessee Tech University Invitational</b> | <b>Cookeville, TN</b>  | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>www.directathletics.com</b>  |
| 27-Mar           | Jim Thorpe Invitational                       | University Park, PA    | USA        | Open               |            | Penn State Univ. calendar event                                       |
| 27-Mar           | Season Open Track Tournament                  | Braga Braga Track      | POR        |                    | IPC        | www.aabraga.pt  |
| 27-28-Mar        | USATF Winter Fun Meet                         | Cedar Park, TX         | USA        | Open               | IPC        | www.usatfsouthtexas.org   |
| <b>2-3-Apr</b>   | <b>Liberty Collegiate Invite</b>              | <b>Lynchburg, VA</b>   | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.directathletics.com</b>  |
| <b>3-Apr</b>     | <b>Austin Peay State Invite</b>               | <b>Clarksville, TN</b> | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Tennessee State Univ. calendar event</b>                           |
| <b>10-Apr</b>    | <b>Pomona-Pitzer Invitational</b>             | <b>Pomona, CA</b>      | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>http://pe.pomona.edu/sports/women/wt rack/meetinfo/PP-Invite</b>   |
| 6-18-Apr         | CVOTC Ambulatory/Throws Camp                  | Chula Vista, CA        | USA        | Invite only        | N/A        | 6-11 April (Throwers), 11-18-April (Ambulatory)                       |
| <b>10-Apr</b>    | <b>NTC Throws and Jumps Challenge #5</b>      | <b>Clermont, FL</b>    | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Throws/Jumps (all classes)<br/>www.throwscoachflorida.com</b>      |

|                  |  |                                  |            |                    |            |  |
|------------------|--|----------------------------------|------------|--------------------|------------|--|
| <b>10-Apr</b>    | <b>Boston Moon Classic</b>                       | <b>Nashville, TN</b>             | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Tennessee State Univ. calendar event</b>  |
| 11-Apr           | Carlos Lopes Golden Marathon                     | Lisbon                           | POR        |                    | IPC        |  |
| 11-Apr           | Paris Marathon                                   | Paris                            | FRA        |                    | ?          |  |
| 12-18-Apr        | African Athletics Championships                  | Casablanca Ideal Bourgone Center | MAR        |                    | IPC        | Sport classes: 10's ,30's ,40's ,50's  |
| 12-13-Apr        | UAE National Championships-Athletics             | Al Ain                           | UAE        |                    | IPC        | Sport classes: 10's ,30's ,40's ,50's  |
| <b>15-17-Apr</b> | <b>Mt. Sac Relays</b>                            | <b>Walnut,CA</b>                 | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>FRI: Men's VI 200m, AMP 200m, SAT: Men's AMB 100M, VI 100M, Whch 800M, WHC 1500M, Women's WHC 800M, WHC 1500M</b> |
| <b>16-17-Apr</b> | <b>EMU Invitational</b>                          | <b>Ypsilanti, MI</b>             | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>www.directathletics.com</b>   |
| 17-Apr           | International Open Comunidad Valenciana Champs.  | Valencia Antiguo Cauce Rio Turia | ESP        |                    | IPC        | Sport classes: 10's ,30's ,40's ,50's  |
| 17-Apr           | CP Grand Prix                                    | Perivale                         | FRA        |                    | ?          | CP+ Guest  |
| <b>19-Apr</b>    | <b>Boston Marathon</b>                           | <b>Boston</b>                    | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>entry closed</b>  |
| <b>22-24-Apr</b> | <b>Penn Relays</b>                               | <b>Philadelphia, PA</b>          | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Men's 4x100m relay, 100m AMB, VI</b>  |
| <b>23-25-Apr</b> | <b>Gateway Games</b>                             | <b>St Charles, MO</b>            | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.dasasports.org</b>  |
| <b>22-24-Apr</b> | <b>SEWSA Games</b>                               | <b>North Myrtle Beach, SC</b>    | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.SWESAGames.com</b>  |
| 23-28-Apr        | Kuwait International Open Field Events           | Keefan Stadium                   | KUW        |                    | IPC        | all classes-field events only  |
| <b>23-24-Apr</b> | <b>UCSD Invitational</b>                         | <b>LaJolla, CA</b>               | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>www.directathletics.com</b>   |
| 24-Apr           | Leinster Open-Athletics                          | Wicklow Greystones               | IRL        |                    | IPC        | all classes-field events only  |
| 25-Apr           | Marathon   | Padua                            | ITA        |                    | ?          |  |
| 25-Apr           | London Marathon                                  | London                           | GBR        |                    | IPC        |  |
| 30-Apr-May 2     | Mar Del Plata Open                               | Mar Del Plata Emdor Stadium      | ARG        |                    | IPC        | Sport classes: 10's ,30's ,40's ,50's  |
| 30-Apr-May 3     | Developing Amazing Leaders Conference            | Colorado Springs, CO             | USA        |                    | N/A        | U.S. Paralympics Conference  |
| 1-May            | 3rd International Athletics Meeting              | Avignon                          | FRA        |                    | ?          |  |
| <b>1-May</b>     | <b>Mid America Games</b>                         | <b>Overland Park, KS</b>         | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Contact:Joe Dold (816) 582-4024; jdold@cekinsurance.com</b>   |
| 1-2-May          | BWAA GP-Athletics                                | Stoke Mandeville                 | GBR        |                    | IPC        |  |
| 1-3-May          | BUCS Championships-Athletics                     | Bedford                          | GBR        |                    | IPC        |  |
| 2-May            | The 19th Seoul International Wheelchair Marathon | Seoul                            | KOR        |                    | IPC        |  |
| 2-May            | Bloomsday 12km                                   | Spokane, WA                      | USA        |                    | N/A        |  |
| <b>1-2-May</b>   | <b>Steve Scott Invitational</b>                  | <b>Irvine, CA</b>                | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Resident Program</b>  |
| 3-5-May          | PETRA Open Athletics Championships               | Irbed Al-Hasan Sport City        | JOR        |                    | IPC        |  |
| <b>7-9-May</b>   | <b>Dixie Games</b>                               | <b>Tampa, FL</b>                 | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>www.dixiegames.com</b>  |
| <b>7-8-May</b>   | <b>U-M Paddock Invitational</b>                  | <b>Ann Arbor, MI</b>             | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Univ. of Michigan calendar event</b>  |
| <b>8-May</b>     | <b>Challenge Games</b>                           | <b>Derby, KS</b>                 | <b>USA</b> | <b>Open</b>        | <b>IPC</b> |  |
| <b>8-May</b>     | <b>Penn State Open</b>                           | <b>University Park, PA</b>       | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Penn State Univ. calendar event</b>   |

|                  |  |                             |            |             |            |  |
|------------------|--|-----------------------------|------------|-------------|------------|--|
| 8-May            | Tunisia National Championships                 | Tunis Nabeul                | TUN        |             | IPC        | 10's, 40's, 50's                               |
| 8-9-May          | Dogwood Meet                                   | Victoria, BC                | CAN        |             | ?          |  |
| 13-May           | Daniella Jutzeler Memorial Meet                | Muttenz                     | SUI        |             | ?          |  |
| <b>13-16-May</b> | <b>Ohio Wheelchair Games</b>                   | <b>Columbus, OH</b>         | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>Wheelchair events only</b>                  |
| <b>10-14-May</b> | <b>Warrrior Games</b>                          | <b>Colorado Springs, CO</b> | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>Military only</b>                           |
| 14-16-May        | Atlantic Throws Summit                         | Halifax                     | CAN        |             | ?          | WC Throwers                                    |
| 15-May           | Schenkon Marathon                              | Schenkon                    | SUI        |             | ?          |  |
| <b>16-May</b>    | <b>Colfax Marathon</b>                         | <b>Colfax, CO</b>           | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.active.com</b>                          |
| <b>16-May</b>    | <b>NTC Classic Track and Field Meet</b>        | <b>Clermont, FL</b>         | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.throwscoachflorida.com</b>              |
| 16-May           | Great Manchester Run-Athletics                 | Manchester                  | GBR        |             | IPC        |  |
| 16-May           | Great Games-Athletics                          | Manchester                  | GBR        |             | IPC        |  |
| 17-22-May        | Desert Challenge Military Camp                 | Mesa, AZ                    | USA        | Invite only | N/A        | Military only                                  |
| <b>20-21-May</b> | <b>Colorado State High School Meet</b>         | <b>Colorado</b>             | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>800m wheelchair race and all class 100m</b> |
| <b>19-23-May</b> | <b>Desert Challenge Games</b>                  | <b>Mesa, AZ</b>             | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.desertchallengegames.com</b>            |
| <b>21-23-May</b> | <b>Great Lakes Games</b>                       | <b>Lake Forest, IL</b>      | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.Glasa.org</b>                           |
| <b>21-23-May</b> | <b>Tri State Games</b>                         | <b>Edison, NJ</b>           | <b>USA</b> | <b>Open</b> | <b>IPC</b> |  |
| 21-23-May        | Chinook Invitational Throws Meet               | Lethbridge                  | CAN        |             | ?          |  |
| 22-23-May        | Loughborough International-Athletics           | Loughborough                | GBR        |             | IPC        |  |
| <b>22-23-May</b> | <b>USATF Winter Fun Meet</b>                   | <b>Cedar Park, TX</b>       | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.usatfsouthtexas.org</b>                 |
| 23-26-May        | BT Paralympic World Cup                        | Manchester                  | ENG        | Invite only | IPC        | all classes                                    |
| <b>27-29-May</b> | <b>W Virginia Challenged Championships</b>     | <b>Charleston, WV</b>       | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.wsusa.org</b>                           |
| 29-30-May        | Dutch Open (IWAS)                              | Emmen                       | NED        |             | ?          |  |
| 29-May           | XII Basauri Meeting Basauriko Probak-Athletics | Basauri                     | ESP        |             | IPC        |  |
| June(5?)         | Saint Laurent Select                           | Montreal, QC                | CAN        |             | ?          |  |
| 5-Jun            | V Great Prize Skoda Meeting ISS                | Barcelona                   | ESP        |             | IPC        | 10's, 30's, 40's, 50's                         |
| <b>5-6-Jun</b>   | <b>Courage Center Games</b>                    | <b>Golden Valley, MN</b>    | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.wsusa.org</b>                           |
| <b>5-6-Jun</b>   | <b>Mason's Meet</b>                            | <b>North Brunswick, NJ</b>  | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.wsusa.org</b>                           |
| <b>5-6-Jun</b>   | <b>Thunder in the Valley Games</b>             | <b>Saginaw, MI</b>          | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.wsusa.org</b>                           |
| 6-Jun            | Track Meeting (IWAS SERIES)                    | Stadskanaal                 | NED        |             | ?          |  |
| 8-Jun            | Neli Cooman Games                              | Stadskanaal                 | NED        |             | ?          |  |
| 9-Jun            | International Bayer Meeting                    | Leverkusen                  | GER        |             | ?          |  |
| <b>10-13-Jun</b> | <b>Endeavor Games</b>                          | <b>Edmond,OK</b>            | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.ucoendeavorgames.com</b>                |
| <b>11-13-Jun</b> | <b>New England Games</b>                       | <b>MA</b>                   | <b>USA</b> | <b>Open</b> | <b>IPC</b> | <b>www.wsusa.org</b>                           |
| <b>11-13-Jun</b> | <b>Appalachian Games</b>                       | <b>Baltimore, MD</b>        | <b>USA</b> | <b>Open</b> | <b>IPC</b> |  |

|                     |  |  |            |                    |            |  |
|---------------------|--|--|------------|--------------------|------------|--|
|                     |  |  |            |                    |            | <a href="http://www.wsusa.org">www.wsusa.org</a>       |
| <b>11-13-Jun</b>    | <b>Mid Atlantic Games</b>  | <b>Fishersville, VA</b>                | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <a href="http://www.wsusa.org">www.wsusa.org</a>       |
| 11-13-Jun           | German National Championships  | Bottrop                                | GER        |                    | IPC        | Classes: 10's, 30's, 40's, 50's                        |
| 12-13-Jun           | Wales National Championships-Athletics                                       | Cardiff                                | GBR        |                    | IPC        |  |
| 12-14-Jun           | Ian Hume   | Sherbrooke, QC                         | CAN        |                    | ?          |  |
| <b>18-20-Jun</b>    | <b>U.S. Paralympics T&amp;F National Champs.</b>                             | <b>Miramar, FL</b>                     | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>World Championships Team Selection</b>              |
| <b>23-27-Jun</b>    | <b>USATF National Championships</b>  | <b>Des Moines, IA</b>                  | <b>USA</b> | <b>Invite only</b> | <b>IPC</b> | <b>Tentative</b>                                       |
| 24-Jun              | Track Meeting  | Arbon                                  | SUI        |                    | ?          | WC Only  |
| 25-26-Jun           | Czech Open   | Olomuc                                 | CZE        |                    | ?          |  |
| 26-27-Jun           | Swiss National Championships   | Arbon                                  | SUI        |                    | ?          |  |
| 25-30-Jun           | 4th International Meeting of Tunis   | Rades                                  | TUN        |                    | IPC        | Classes: 10's, 30's, 40's, 50's                        |
| 25-27-Jun           | Aviva European Trials & UK Championships                                     | Birmingham                             | GBR        |                    | IPC        |  |
| June                | Kajacs International (Tentative)   | Richmond, BC                           | CAN        |                    | ?          |  |
| June                | Cedartown 5K   | Cedartown, GA                          | USA        |                    | N/A        | Wheelchair only  |
| TBA                 | Mexican Junior Paralympic Games  | Guadalajara, Jalisco                   | MEX        |                    | ?          |  |
|                     |  |  |            |                    |            |  |
| July                | Peachtree 10K  | Atlanta, GA                            | USA        |                    | N/A        | wheelchair only  |
| <b>July</b>         | <b>Meet in the Heat</b>  | <b>Atlanta, GA</b>                     | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Tentative</b>                                       |
| <b>27-Jul-1 Aug</b> | <b>USATF National Junior Olympic Outdoor Track &amp; Field Championships</b> | <b>Sacramento, CA</b>                  | <b>USA</b> | <b>Invite Only</b> | <b>IPC</b> | <b>Tentative</b>                                       |
| 3-Jul               | CP Grand Prix IV   | Nottingham                             | GBR        |                    | ?          |  |
| <b>4-9-Jul</b>      | <b>National Veterans Wheelchair Games</b>                                    | <b>Denver, CO</b>                      | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <b>Military only</b>                                   |
| 6-12-Jul            | Russian Nationals  | Khanti-Mansiisk                        | RUS        |                    | ?          |  |
| 10-Jul              | Avia British Grand Prix  | Gateshead                              | GBR        |                    | ?          |  |
| 10-Jul              | Boiling Point  | Winsor, ON                             | CAN        |                    | ?          | Throwers   |
| 10-11-Jul           | BWAA GP  | Stoke-Mandeville                       | GBR        |                    | ?          | Throwers   |
| 16-18-Jul           | Quebec Provincial Championships  | TBD?                                   | CAN        |                    | ?          |  |
| 17-Jul              | CPSport Development Games  | Nottingham                             | GBR        |                    | ?          | CP + Guest   |
| <b>18-25-Jul</b>    | <b>National Junior Disability Champs.</b>                                    | <b>Deerfield &amp; Lake Forest, IL</b> | <b>USA</b> | <b>Open</b>        | <b>IPC</b> | <a href="http://www.njdc2010.org">www.njdc2010.org</a> |
| 29-July-1-Aug       | Canadian Track & Field Championships   | Toronto, ON                            | CAN        |                    | ?          |  |
|                     |  |  |            |                    |            |  |
| 8-Aug               | Ontario Para-Athletic Championships  | ???                                    | CAN        |                    | ?          |  |
| 20-29-Aug           | IWAS World Jr. Championships   | Olomouc                                | CZE        | Invite only        | ?          |  |
|                     |  |  |            |                    |            |  |

|               |   |                 |     |             |     |                                       |
|---------------|---|-----------------|-----|-------------|-----|---------------------------------------|
| 20-30-Sept    | Team Prep Camp                            | Chula Vista, CA | USA | Worlds Team | N/A | Required for World Championships Team |
| 21-31-Oct     | Team Prep Camp (2 Competitions tentative) | Chula Vista, CA | USA | Worlds Team | IPC | Required for World Championships Team |
| 30-Nov-11-Dec | Team Prep Camp (2 Competitions tentative) | Chula Vista, CA | USA | Worlds Team | IPC | Required for World Championships Team |

## 2010 OPERATION GOLD

There is no World Championship event for Track and Field in 2010.

| Paralympic Sport Payment Schedule |  |  |  |                  |
|-----------------------------------|--|--|--|------------------|
| Place                             | World Championships 1 <sup>st</sup> year in quad | World Championships 2 <sup>nd</sup> year in quad | World Championships 3 <sup>rd</sup> year in quad | Paralympic Year* |
| 1 <sup>st</sup>                   | \$3,000  | \$3,000  | \$3,000  | \$5,000          |
| 2 <sup>nd</sup>                   | \$2,500  | \$2,500  | \$2,500  | \$3,500          |
| 3 <sup>rd</sup>                   | \$2,000  | \$2,000  | \$2,000  | \$2,500          |
| 4 <sup>th</sup>                   | \$1,500  | \$1,500  | \$1,500  |                  |
| 5 <sup>th</sup>                   | \$1,000  | \$1,000  | \$1,000  |                  |
| 6 <sup>th</sup>                   | \$500  | \$500  | \$500  |                  |

\* = In the Paralympic year, athletes are eligible for multiple medals won.

In the Olympic/Paralympic year, multiple Operation Gold Awards will be paid to qualifying athletes. In non-Olympic/Paralympic years, Operation Gold Awards are limited to one award per athlete in a program year. Athletes who qualify in multiple events during a non-Olympic/Paralympic year will only receive the highest award amount for which he/she qualified at the specified competition.

For Paralympic sports in non-Paralympic years, individuals must finish in one of the top six (6) places and among the top 50% of the athletes who started the event to qualify for Operation Gold Awards. Teams must finish in one of the top four (4) places to qualify for Operation Gold Awards.

Paralympic Division  
United States Olympic Committee  
1 Olympic Plaza  
Colorado Springs, CO 80909  
719-866-2030  
719-866-2029 fax  
[www.usparalympics.org](http://www.usparalympics.org)

**Attachment A  
2010 U.S. Paralympics Track and Field Standards**

**WOMEN**

| <b>Event</b> | <b>Class</b> | <b>Core/<br/>Tier</b> | <b>Eligible<br/>Classes</b> | <b>National<br/>Team<br/>"A"</b> | <b>National<br/>Team<br/>"B"</b> | <b>Emergin<br/>g</b> | <b>Military</b> | <b>National<br/>Champs.<br/>Elite (entry<br/>standard)</b> | <b>National<br/>Champs.<br/>Junior<br/>(entry<br/>standard)</b> |
|--------------|--------------|-----------------------|-----------------------------|----------------------------------|----------------------------------|----------------------|-----------------|--|---|
| 100m         | T11          | Core                  | T11                         | 13.00                            | 13.70                            | 16.25                | 16.90           | 16.90  | 18.20   |
| 100m         | T12          | Core                  | T12                         | 12.60                            | 13.00                            | 15.75                | 16.38           | 16.38  | 17.64   |
| 100m         | T13          | Core                  | T13                         | 12.60                            | 13.00                            | 15.75                | 16.38           | 16.38  | 17.64   |
| 100m         | T34          | Core                  | T33/34                      | 21.50                            | 29.75                            | 26.88                | 27.95           | 27.95  | 30.10   |
| 100m         | T35          | Tier                  | T35                         | 20.20                            | 23.85                            | 25.25                | 26.26           | 26.26  | 28.28   |
| 100m         | T36          | Core                  | T36                         | 15.50                            | 17.05                            | 19.38                | 20.15           | 20.15  | 21.70   |
| 100m         | T37          | Core                  | T37                         | 14.50                            | 15.25                            | 18.13                | 18.85           | 18.85  | 20.30   |
| 100m         | T38          | Core                  | T38                         | 14.40                            | 15.15                            | 18.00                | 18.72           | 18.72  | 20.16   |
| 100m         | T42          | Core                  | T42                         | 18.20                            | 20.60                            | 22.75                | 23.66           | 23.66  | 25.48   |
| 100m         | T44          | Core                  | T43/44                      | 14.20                            | 15.20                            | 17.75                | 18.46           | 18.46  | 19.88   |
| 100m         | T46          | Core                  | T45/46                      | 12.70                            | 13.35                            | 15.88                | 16.51           | 16.51  | 17.78   |
| 100m         | T52          | Core                  | T51/52                      | 21.50                            | 23.25                            | 26.88                | 27.95           | 27.95  | 30.10   |
| 100m         | T53          | Core                  | T53                         | 18.00                            | 18.50                            | 22.50                | 23.40           | 23.40  | 25.20   |
| 100m         | T54          | Tier                  | T54                         | 17.00                            | 17.50                            | 21.25                | 22.10           | 22.10  | 23.80   |
| 200m         | T11          | Core                  | T11                         | 26.50                            | 28.40                            | 33.13                | 34.45           | 34.45  | 37.10   |
| 200m         | T12          | Core                  | T12                         | 25.70                            | 26.75                            | 32.13                | 33.41           | 33.41  | 35.98   |
| 200m         | T13          | Tier                  | T13                         | 25.70                            | 26.75                            | 32.13                | 33.41           | 33.41  | 35.98   |
| 200m         | T34          | Tier                  | T33/34                      | 40.00                            | 55.00                            | 50.00                | 52.00           | 52.00  | 56.00   |
| 200m         | T35          | Tier                  | T35                         | 45.00                            | 52.50                            | 56.25                | 58.50           | 58.50  | 63.00   |
| 200m         | T36          | Core                  | T36                         | 34.00                            | 39.50                            | 42.50                | 44.20           | 44.20  | 47.60   |
| 200m         | T37          | Core                  | T37                         | 31.00                            | 32.50                            | 38.75                | 40.30           | 40.30  | 43.40   |
| 200m         | T38          | Core                  | T38                         | 30.00                            | 31.75                            | 37.50                | 39.00           | 39.00  | 42.00   |
| 200m         | T44          | Core                  | T43/44                      | 28.80                            | 31.90                            | 36.00                | 37.44           | 37.44  | 40.32   |
| 200m         | T46          | Core                  | T45/46                      | 26.00                            | 27.20                            | 32.50                | 33.80           | 33.80  | 36.40   |
| 200m         | T52          | Core                  | T51/52                      | 39.50                            | 43.25                            | 49.38                | 51.35           | 51.35  | 55.30   |
| 200m         | T53          | Core                  | T53                         | 31.50                            | 33.25                            | 39.38                | 40.95           | 40.95  | 44.10   |
| 200m         | T54          | Tier                  | T54                         | 30.00                            | 31.15                            | 37.50                | 39.00           | 39.00  | 42.00   |
| 400m         | T11          | Tier                  | T11                         | 1:04.00                          | 1:14.50                          | 1:20.00              | 1:23.20         | 1:23.20  | 1:29.60   |
| 400m         | T12          | Core                  | T12                         | 58.50                            | 61.75                            | 73.13                | 76.05           | 76.05  | 81.90   |
| 400m         | T13          | Core                  | T13                         | 58.00                            | 61.50                            | 72.50                | 75.40           | 75.40  | 81.20   |
| 400m         | T37          | Tier                  | T37                         | 1:18.00                          | 1:29.00                          | 1:37.50              | 1:41.40         | 1:41.40  | 1:49.20   |
| 400m         | T46          | Tier                  | T45/46                      | 1:01.00                          | 1:10.50                          | 1:16.25              | 1:19.30         | 1:19.30  | 1:25.40   |
| 400m         | T52          | Tier                  | T51/52                      | 1:20.00                          | 1:25.00                          | 1:40.00              | 1:44.00         | 1:44.00  | 1:52.00   |
| 400m         | T53          | Core                  | T53                         | 57.00                            | 61.50                            | 71.25                | 74.10           | 74.10  | 79.80   |
| 400m         | T54          | Tier                  | T54                         | 56.00                            | 58.00                            | 70.00                | 72.80           | 72.80  | 78.40   |
| 800m         | T11          | Tier                  | T11                         | 2:45.00                          | 3:00.00                          | 3:26.25              | 3:34.50         | 3:34.50  | 3:51.00   |
| 800m         | T52          | Tier                  | T51/52                      | 2:50.00                          | 3:20.00                          | 3:32.50              | 3:41.00         | 3:41.00  | 3:58.00   |
| 800m         | T53          | Core                  | T53                         | 1:55.00                          | 2:05.00                          | 2:23.75              | 2:29.50         | 2:29.50  | 2:41.00   |
| 800m         | T54          | Core                  | T54                         | 1:52.00                          | 1:55.00                          | 2:20.00              | 2:25.60         | 2:25.60  | 2:36.80   |
| 1500m        | T12          | Tier                  | T11/12                      | 5:00.00                          | 5:22.50                          | 6:15.00              | 6:30.00         | 6:30.00  | 7:00.00   |
| 1500m        | T13          | Tier                  | T13                         | 4:55.00                          | 5:17.50                          | 6:08.75              | 6:23.50         | 6:23.50  | 6:53.00   |
| 1500m        | T54          | Core                  | T53/54                      | 3:30.00                          | 3:35.00                          | 4:22.50              | 4:33.00         | 4:33.00  | 4:54.00   |

|           |     |      |               |          |          |          |          |          |          |
|-----------|-----|------|---------------|----------|----------|----------|----------|----------|----------|
| 5000m     | T54 | Core | T53/54        | 12:00.00 | 12:25.00 | 15:00.00 | 15:36.00 | 15:36.00 | 16:48.00 |
| Marathon  | T54 | Core | T53/54        | 1:42:00  | 1:50:00  | 2:07:30  | 2:12:36  | 2:12:36  | 2:22:48  |
| Discus    | F12 | Core | F11/12        | 38.50    | 33.75    | 30.80    | 29.62    | 29.62    | 27.50    |
| Discus    | F35 | Core | F35/36P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F36 | Core | F35/36P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F37 | Core | F37           | 27.00    | 23.75    | 21.60    | 20.77    | 20.77    | 19.29    |
| Discus    | F40 | Core | F40           | 23.50    | 20.63    | 18.80    | 18.08    | 18.08    | 16.79    |
| Discus    | F51 | Core | F51/52/53P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F52 | Core | F51/52/53P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F53 | Core | F51/52/53P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F54 | Tier | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F55 | Tier | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F56 | Tier | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F57 | Core | F57/58P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus    | F58 | Core | F57/58P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F13 | Tier | F12/13        | 27.50    | 23.75    | 22.00    | 21.15    | 21.15    | 19.64    |
| Javelin   | F33 | Core | F33/34/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F34 | Core | F33/34/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F37 | Core | F37           | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F38 | Core | F38           | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F46 | Core | F46           | 32.50    | 28.85    | 26.00    | 25.00    | 25.00    | 23.21    |
| Javelin   | F52 | Core | F33/34/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F53 | Core | F33/34/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F54 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F55 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F56 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F57 | Tier | F57/58P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Javelin   | F58 | Tier | F57/58P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Long jump | F11 | Tier | F11           | 3.70     | 3.23     | 2.96     | 2.85     | 2.85     | 2.64     |
| Long jump | F13 | Tier | F12/13        | 5.60     | 5.30     | 4.48     | 4.31     | 4.31     | 4.00     |
| Long jump | F38 | Tier | F37/38        | 3.25     | 3.03     | 2.60     | 2.50     | 2.50     | 2.32     |
| Long jump | F42 | Core | F42           | 3.50     | 3.00     | 2.80     | 2.69     | 2.69     | 2.50     |
| Long jump | F46 | Core | F44/46        | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F11 | Tier | F11           | 7.00     | 6.25     | 5.60     | 5.38     | 5.38     | 5.00     |
| Shot Put  | F12 | Core | F12           | 11.50    | 10.25    | 9.20     | 8.85     | 8.85     | 8.21     |
| Shot Put  | F32 | Core | F32/33/34P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F33 | Core | F32/33/34P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F34 | Core | F32/33/34P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F35 | Core | F35/36P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F36 | Core | F35/36P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F37 | Core | F37           | 10.20    | 9.10     | 8.16     | 7.85     | 7.85     | 7.29     |
| Shot Put  | F40 | Core | F40           | 7.40     | 6.50     | 5.92     | 5.69     | 5.69     | 5.29     |
| Shot Put  | F42 | Tier | F42/44/46P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F44 | Tier | F42/44/46P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F46 | Tier | F42/44/46P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F52 | Tier | F52/53P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F53 | Tier | F52/53P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F54 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F55 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F56 | Core | F54/55/56P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Shot Put  | F57 | Core | F57/58P       | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |

|          |     |      |            |     |     |     |     |     |     |
|----------|-----|------|------------|-----|-----|-----|-----|-----|-----|
| Shot Put | F58 | Core | F57/58P    | TBD | TBD | TBD | TBD | TBD | TBD |
| Club     | F31 | Tier | F31/32/51P | TBD | TBD | TBD | TBD | TBD | TBD |
| Club     | F32 | Tier | F31/32/51P | TBD | TBD | TBD | TBD | TBD | TBD |
| Club     | F51 | Tier | F31/32/51P | TBD | TBD | TBD | TBD | TBD | TBD |

## MEN

| Event | Class | Core / Tier | Eligible Classes | National Team "A" | National Team "B" | Emerging | Military | National Champs. Elite (entry standard) | National Champs. Junior (entry standard) |
|-------|-------|-------------|------------------|-------------------|-------------------|----------|----------|---|--|
| 100m  | T11   | Core        | T11              | 11.35             | 11.55             | 14.19    | 14.76    | 14.76                                   | 15.89                                    |
| 100m  | T12   | Core        | T12              | 11.00             | 11.18             | 13.75    | 14.30    | 14.30                                   | 15.40                                    |
| 100m  | T13   | Core        | T13              | 11.00             | 11.18             | 13.75    | 14.30    | 14.30                                   | 15.40                                    |
| 100m  | T34   | Tier        | T33/34           | 19.00             | 22.60             | 23.75    | 24.70    | 24.70                                   | 26.60                                    |
| 100m  | T35   | Core        | T35              | 13.40             | 14.13             | 16.75    | 17.42    | 17.42                                   | 18.76                                    |
| 100m  | T36   | Core        | T36              | 12.40             | 12.85             | 15.50    | 16.12    | 16.12                                   | 17.36                                    |
| 100m  | T37   | Core        | T37              | 12.00             | 12.30             | 15.00    | 15.60    | 15.60                                   | 16.80                                    |
| 100m  | T38   | Core        | T38              | 11.60             | 12.05             | 14.50    | 15.08    | 15.08                                   | 16.24                                    |
| 100m  | T42   | Core        | T42              | 13.00             | 14.25             | 16.25    | 16.90    | 16.90                                   | 18.20                                    |
| 100m  | T44   | Core        | T43/44           | 11.50             | 11.85             | 14.38    | 14.95    | 14.95                                   | 16.10                                    |
| 100m  | T46   | Core        | T45/46           | 11.10             | 11.25             | 13.88    | 14.43    | 14.43                                   | 15.54                                    |
| 100m  | T51   | Tier        | T51              | 24.50             | 27.25             | 30.63    | 31.85    | 31.85                                   | 34.30                                    |
| 100m  | T52   | Core        | T52              | 17.80             | 18.60             | 22.25    | 23.14    | 23.14                                   | 24.92                                    |
| 100m  | T53   | Core        | T53              | 15.20             | 15.60             | 19.00    | 19.76    | 19.76                                   | 21.28                                    |
| 100m  | T54   | Core        | T54              | 14.75             | 14.98             | 18.44    | 19.18    | 19.18                                   | 20.65                                    |
| 200m  | T11   | Core        | T11              | 23.30             | 23.80             | 29.13    | 30.29    | 30.29                                   | 32.62                                    |
| 200m  | T12   | Core        | T12              | 22.30             | 22.80             | 27.88    | 28.99    | 28.99                                   | 31.22                                    |
| 200m  | T13   | Core        | T13              | 22.20             | 22.75             | 27.75    | 28.86    | 28.86                                   | 31.08                                    |
| 200m  | T34   | Tier        | T33/34           | 37.00             | 42.25             | 46.25    | 48.10    | 48.10                                   | 51.80                                    |
| 200m  | T35   | Core        | T35              | 29.50             | 31.40             | 36.88    | 38.35    | 38.35                                   | 41.30                                    |
| 200m  | T36   | Core        | T36              | 25.50             | 26.40             | 31.88    | 33.15    | 33.15                                   | 35.70                                    |
| 200m  | T37   | Core        | T37              | 24.70             | 25.35             | 30.88    | 32.11    | 32.11                                   | 34.58                                    |
| 200m  | T38   | Core        | T38              | 23.50             | 24.35             | 29.38    | 30.55    | 30.55                                   | 32.90                                    |
| 200m  | T42   | Tier        | T42              | 27.50             | 30.75             | 34.38    | 35.75    | 35.75                                   | 38.50                                    |
| 200m  | T44   | Core        | T43/44           | 23.30             | 24.15             | 29.13    | 30.29    | 30.29                                   | 32.62                                    |
| 200m  | T46   | Core        | T45/46           | 22.40             | 22.80             | 28.00    | 29.12    | 29.12                                   | 31.36                                    |
| 200m  | T51   | Tier        | T51              | 42.50             | 47.55             | 53.13    | 55.25    | 55.25                                   | 59.50                                    |
| 200m  | T52   | Core        | T52              | 32.00             | 33.75             | 40.00    | 41.60    | 41.60                                   | 44.80                                    |
| 200m  | T53   | Core        | T53              | 26.80             | 27.40             | 33.50    | 34.84    | 34.84                                   | 37.52                                    |
| 200m  | T54   | Tier        | T54              | 25.50             | 26.10             | 31.88    | 33.15    | 33.15                                   | 35.70                                    |
| 400m  | T11   | Core        | T11              | 52.00             | 53.75             | 65.00    | 67.60    | 67.60                                   | 72.80                                    |
| 400m  | T12   | Core        | T12              | 50.00             | 51.30             | 62.50    | 65.00    | 65.00                                   | 70.00                                    |
| 400m  | T13   | Core        | T13              | 50.00             | 51.30             | 62.50    | 65.00    | 65.00                                   | 70.00                                    |
| 400m  | T34   | Tier        | T33/34           | 60.00             | 72.00             | 75.00    | 78.00    | 78.00                                   | 84.00                                    |
| 400m  | T36   | Core        | T35/36           | 57.50             | 60.25             | 71.88    | 74.75    | 74.75                                   | 80.50                                    |
| 400m  | T37   | Tier        | T37              | 55.50             | 57.15             | 69.38    | 72.15    | 72.15                                   | 77.70                                    |
| 400m  | T38   | Core        | T38              | 53.00             | 55.50             | 66.25    | 68.90    | 68.90                                   | 74.20                                    |
| 400m  | T44   | Core        | T43/44           | 53.50             | 55.75             | 66.88    | 69.55    | 69.55                                   | 74.90                                    |
| 400m  | T46   | Core        | T45/46           | 49.50             | 50.55             | 61.88    | 64.35    | 64.35                                   | 69.30                                    |

|          |     |      |            |          |          |          |          |          |          |
|----------|-----|------|------------|----------|----------|----------|----------|----------|----------|
| 400m     | T52 | Core | T52        | 61.50    | 65.25    | 76.88    | 79.95    | 79.95    | 86.10    |
| 400m     | T53 | Core | T53        | 50.50    | 52.25    | 63.13    | 65.65    | 65.65    | 70.70    |
| 400m     | T54 | Tier | T54        | 47.50    | 48.75    | 59.38    | 61.75    | 61.75    | 66.50    |
| 800m     | T11 | Tier | T11        | 2:07.00  | 2:16.00  | 2:38.75  | 2:45.10  | 2:45.10  | 2:57.80  |
| 800m     | T12 | Core | T12        | 1:56.00  | 2:01.00  | 2:25.00  | 2:30.80  | 2:30.80  | 2:42.40  |
| 800m     | T13 | Core | T13        | 1:55.00  | 2:00.00  | 2:23.75  | 2:29.50  | 2:29.50  | 2:41.00  |
| 800m     | T36 | Core | T35/36     | 2:19.00  | 2:29.50  | 2:53.75  | 3:00.70  | 3:00.70  | 3:14.60  |
| 800m     | T37 | Core | T37        | 2:07.00  | 2:12.50  | 2:38.75  | 2:45.10  | 2:45.10  | 2:57.80  |
| 800m     | T46 | Core | T45/46     | 1:54.00  | 1:57.00  | 2:22.50  | 2:28.20  | 2:28.20  | 2:39.60  |
| 800m     | T52 | Core | T51/52     | 2:00.00  | 2:10.00  | 2:30.00  | 2:36.00  | 2:36.00  | 2:48.00  |
| 800m     | T53 | Core | T53        | 1:38.00  | 1:40.00  | 2:02.50  | 2:07.40  | 2:07.40  | 2:17.20  |
| 800m     | T54 | Core | T54        | 1:36.00  | 1:38.00  | 2:00.00  | 2:04.80  | 2:04.80  | 2:14.40  |
| 1500m    | T11 | Core | T11        | 4:13.00  | 4:24.00  | 5:16.25  | 5:28.90  | 5:28.90  | 5:54.20  |
| 1500m    | T12 | Tier | T12        | 3:58.00  | 4:08.50  | 4:57.50  | 5:09.40  | 5:09.40  | 5:33.20  |
| 1500m    | T13 | Core | T13        | 3:57.00  | 4:07.00  | 4:56.25  | 5:08.10  | 5:08.10  | 5:31.80  |
| 1500m    | T36 | Tier | T36        | 4:55.00  | 5:12.50  | 6:08.75  | 6:23.50  | 6:23.50  | 6:53.00  |
| 1500m    | T37 | Core | T37        | 4:25.00  | 4:40.00  | 5:31.25  | 5:44.50  | 5:44.50  | 6:11.00  |
| 1500m    | T46 | Core | T45/46     | 3:58.00  | 4:03.00  | 4:57.50  | 5:09.40  | 5:09.40  | 5:33.20  |
| 1500m    | T52 | Tier | T51/52     | 3:56.00  | 4:20.50  | 4:55.00  | 5:06.80  | 5:06.80  | 5:30.40  |
| 1500m    | T54 | Core | T54        | 2:59.00  | 3:07.00  | 3:47.50  | 3:56.60  | 3:56.60  | 4:14.80  |
| 5000m    | T11 | Tier | T11        | 16:20.00 | 17:17.50 | 20:25.00 | 21:14.00 | 21:14.00 | 22:52.00 |
| 5000m    | T12 | Tier | T12        | 15:10.00 | 15:35.00 | 18:57.50 | 19:43.00 | 19:43.00 | 21:14.00 |
| 5000m    | T46 | Tier | T46        | 15:00.00 | 15:30.00 | 18:45.00 | 19:30.00 | 19:30.00 | 21:00.00 |
| 5000m    | T52 | Tier | T51/52     | 13:30.00 | 15:00.00 | 16:52.50 | 17:33.00 | 17:33.00 | 18:54.00 |
| 5000m    | T54 | Core | T53/54     | 10:10.00 | 10:20.00 | 12:42.50 | 13:13.00 | 13:13.00 | 14:14.00 |
| 10000m   | T11 | Tier | T11        | 33:10.00 | 34:15.00 | 41:27.50 | 43:07.00 | 43:07.00 | 46:26.00 |
| 10000m   | T12 | Tier | T12        | 32:20.00 | 33:20.00 | 40:25.00 | 42:02.00 | 42:02.00 | 45:16.00 |
| 10000m   | T54 | Tier | T51-54     | 20:20.00 | 20:40.00 | 25:25.00 | 26:26.00 | 26:26.00 | 28:28.00 |
| Marathon | T11 | Tier | T11        | 2:45:00  | 3:05:00  | 3:26:15  | 3:34:30  | 3:34:30  | 3:51:00  |
| Marathon | T12 | Tier | T12        | 2:36:00  | 2:48:00  | 3:15:00  | 3:22:48  | 3:22:48  | 3:38:24  |
| Marathon | T46 | Tier | T46        | 2:35:00  | 2:47:30  | 3:13:45  | 3:21:30  | 3:21:30  | 3:37:00  |
| Marathon | T54 | Core | T54        | 1:25:00  | 1:27:30  | 1:46:15  | 1:50:30  | 1:50:30  | 1:59:00  |
| Club     | F31 | Core | F31/32/51P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Club     | F32 | Core | F31/32/51P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Club     | F51 | Core | F31/32/51P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F11 | Core | F11        | 37.00    | 32.00    | 29.60    | 28.46    | 28.46    | 26.43    |
| Discus   | F12 | Tier | F12        | 45.50    | 40.00    | 36.40    | 35.00    | 35.00    | 32.50    |
| Discus   | F32 | Core | F32/33/34P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F33 | Core | F32/33/34P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F34 | Core | F32/33/34P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F35 | Core | F35/36P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F36 | Core | F35/36P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F37 | Core | F37/38P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F38 | Core | F37/38P    | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F40 | Tier | F40        | 27.00    | 23.50    | 21.60    | 20.77    | 20.77    | 19.29    |
| Discus   | F42 | Core | F42        | 44.00    | 39.50    | 35.20    | 33.85    | 33.85    | 31.43    |
| Discus   | F44 | Tier | F44        | 50.00    | 45.00    | 40.00    | 38.46    | 38.46    | 35.71    |
| Discus   | F46 | Tier | F46        | 40.50    | 36.75    | 32.40    | 31.15    | 31.15    | 28.93    |
| Discus   | F51 | Core | F51/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F52 | Core | F51/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |
| Discus   | F53 | Core | F51/52/53P | TBD      | TBD      | TBD      | TBD      | TBD      | TBD      |

|          |     |      |            |       |       |       |       |       |       |
|----------|-----|------|------------|-------|-------|-------|-------|-------|-------|
| Discus   | F54 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Discus   | F55 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Discus   | F56 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Discus   | F57 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Discus   | F58 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| HighJump | F13 | Tier | F12/13     | 1.80  | 1.68  | 1.44  | 1.38  | 1.38  | 1.29  |
| HighJump | F42 | Core | F42        | 1.68  | 1.54  | 1.34  | 1.29  | 1.29  | 1.20  |
| HighJump | F46 | Core | F44/46     | 1.95  | 1.85  | 1.56  | 1.50  | 1.50  | 1.39  |
| Javelin  | F11 | Tier | F11        | 41.00 | 36.00 | 32.80 | 31.54 | 31.54 | 29.29 |
| Javelin  | F13 | Core | F12/13     | 57.00 | 51.00 | 45.60 | 43.85 | 43.85 | 40.71 |
| Javelin  | F33 | Tier | F33/34P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F34 | Tier | F33/34P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F35 | Tier | F35/36P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F36 | Tier | F35/36P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F37 | Tier | F37/38P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F38 | Tier | F37/38P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F40 | Tier | F40        | 29.50 | 25.75 | 23.60 | 22.69 | 22.69 | 21.07 |
| Javelin  | F42 | Core | F42        | 46.00 | 41.00 | 36.80 | 35.38 | 35.38 | 32.86 |
| Javelin  | F44 | Core | F44        | 51.50 | 46.25 | 41.20 | 39.62 | 39.62 | 36.79 |
| Javelin  | F46 | Tier | F46        | 48.00 | 42.50 | 38.40 | 36.92 | 36.92 | 34.29 |
| Javelin  | F52 | Core | F52/53P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F53 | Core | F52/53P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F54 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F55 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F56 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F57 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Javelin  | F58 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| LongJump | F11 | Core | F11        | 6.00  | 5.60  | 4.80  | 4.62  | 4.62  | 4.29  |
| LongJump | F13 | Core | F12/13     | 7.05  | 6.70  | 5.64  | 5.42  | 5.42  | 5.04  |
| LongJump | F36 | Core | F36        | 5.00  | 4.50  | 4.00  | 3.85  | 3.85  | 3.57  |
| LongJump | F38 | Core | F37/38     | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| LongJump | F42 | Tier | F42        | 5.25  | 4.75  | 4.20  | 4.04  | 4.04  | 3.75  |
| LongJump | F44 | Core | F43/44     | 6.25  | 5.70  | 5.00  | 4.81  | 4.81  | 4.46  |
| LongJump | F46 | Core | F45/46     | 6.75  | 6.45  | 5.40  | 5.19  | 5.19  | 4.82  |
| Shot Put | F11 | Tier | F11        | 12.50 | 11.30 | 10.00 | 9.62  | 9.62  | 8.93  |
| Shot Put | F12 | Core | F12        | 15.00 | 13.00 | 12.00 | 11.54 | 11.54 | 10.71 |
| Shot Put | F32 | Tier | F32/33P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F33 | Tier | F32/33P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F34 | Core | F34        | 10.20 | 9.20  | 8.16  | 7.85  | 7.85  | 7.29  |
| Shot Put | F35 | Tier | F35/36P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F36 | Tier | F35/36P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F37 | Tier | F37/38P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F38 | Tier | F37/38P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F40 | Core | F40        | 10.45 | 9.45  | 8.36  | 8.04  | 8.04  | 7.46  |
| Shot Put | F42 | Tier | F42        | 13.50 | 12.60 | 10.80 | 10.38 | 10.38 | 9.64  |
| Shot Put | F44 | Tier | F43/44/46P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F46 | Tier | F43/44/46P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F52 | Core | F52/53P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F53 | Core | F52/53P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F54 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put | F55 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |

|            |     |      |            |       |       |       |       |       |       |
|------------|-----|------|------------|-------|-------|-------|-------|-------|-------|
| Shot Put   | F56 | Core | F54/55/56P | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put   | F57 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| Shot Put   | F58 | Core | F57/58P    | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |
| TripleJump | F11 | Core | F11        | 12.50 | 11.00 | 10.00 | 9.62  | 9.62  | 8.93  |
| TripleJump | F12 | Core | F12        | 14.50 | 13.00 | 11.60 | 11.15 | 11.15 | 10.36 |
| TripleJump | F46 | Core | F45/46     | 13.00 | 11.75 | 10.40 | 10.00 | 10.00 | 9.29  |
| Pentathlon | P12 | Tier | F11-13     | TBD   | TBD   | TBD   | TBD   | TBD   | TBD   |

## Attachment B

### 2010 U.S. Paralympics Track and Field Direct Athlete Support

1. Direct Athlete Support is processed quarterly on February 1, May 1, August 1 and November 1
2. Athletes are eligible for Direct Athlete Support at the beginning of the quarter following their nomination to the National Team.
3. Athlete Support is provided to athletes that are in compliance with 2010 Athlete Agreement obligations. If an athlete is not current with the Athlete Agreement obligations on the first day of the quarter in which the payment is being made, the athlete's payment will be withheld until he/she is compliant.
4. Athlete support is paid directly to the athlete. National Team athletes are responsible for understanding and maintaining their own eligibility status with other organizations where applicable (i.e. NCAA, NFHS, etc.), and may choose to decline direct athlete support payments in order to retain high school or collegiate eligibility.
5. Athlete support is contingent upon maintaining consistent performance standards and competitions results.

### Criteria for Track and Field Direct Athlete Support

Athletes who are named to the 2010 National Team based on 2009 results and those who meet the U.S. Paralympics "A" or "B" standards throughout 2010 and are nominated to the National Team will be paid based on the table listed below :

| Place                  | Quarterly Amount |
|------------------------|------------------|
| "A" standard qualifier | \$1,000          |
| "B" standard qualifier | \$500            |

## Attachment C

### 2010 U.S. Paralympics Track and Field Additional Athlete Support Programs

#### TRAVEL SUPPORT

U.S. Paralympics recognizes the importance of access to high level domestic and international competition and encourages National Team athletes to attend IPC sanctioned competitions throughout the year.

To this end, U.S. Paralympics will provide 2010 National Team athletes with \$500/year to fund travel and accommodation to sanctioned events outlined in the Program Activities section. Athletes are encouraged to consult with the High Performance Director prior to attending an event. Athletes will be paid directly in the form of reimbursement AFTER the competition. Request for reimbursement along with receipts should be faxed to 719-866-4288 or scanned and emailed to [Cathy.Sellers@usoc.org](mailto:Cathy.Sellers@usoc.org).

Additional funding will be given to the highest ranking athletes after the National Championships as a Preparation Grant for the 2011 IPC Athletics World Championships.

#### COACHING SUPPORT

The 2010 Coaching Allowance will only be paid directly to a coach approved by U.S. Paralympics. Approvals will be based on the Personal Performance Plan submitted by each athlete and by the applicant coach's credentials. Athletes will nominate coaches, to the Associate Director of High Performance-Track and Field by submitting the Personal Performance Plan and coach's resume. Monthly allowance will be paid directly to coaches upon submission of invoice, monthly training plan and a log of the previous month's training.

- National Team athletes that are part of a Resident Program are not eligible.
- National team athletes may not nominate themselves or any family member as their own coach and collect the Coaching Allowance.
- If a National team athlete does not have a coach or is unable to locate one, U.S. Paralympics will assist athletes to find a coach appropriate for the athlete's needs.

| Place                  | Stipend amount<br>(paid monthly) | Stipend amount for USATF<br>Level 1 Coaches (paid monthly) |
|------------------------|----------------------------------|--|
| "A" standard qualifier | \$250.00                         | \$300.00   |
| "B" standard qualifier | \$100.00                         | \$150.00   |

#### WORLD RECORD BONUS

U.S. Paralympics will offer a world record bonus incentive program. World record bonuses will be awarded only at IPC Approved events (outdoor only) outlined in the 2010 Program Activities. One thousand dollars (\$1,000) will be awarded for each world record. Athletes may only collect one world record bonus per event during their 2010 National Team term (i.e., athlete X can only receive one world record bonus payment for the Men's T44 100m, but multiple payments may be paid if athlete X were to break the world record in the Men's T44 100m and Men's T44 200m. Relay world record bonuses will be split among the four athletes establishing the World Record.

## **Attachment D**

### **2010 U.S. Paralympics Track and Field Elite Athlete Health Insurance (EAHI) Criteria**

The USOC agrees to provide up to 30 EAHI slots to athletes who meet the eligibility and criteria. The approved EAHI eligibility and criteria for EAHI is as follows:

Athletes must be currently training and competing to receive EAHI and they must sign the 2010 Athlete Agreement.

- Criteria 1: All 2010 National Paralympic Team athletes are eligible for EAHI.
- Criteria 2: Athletes who meet the 2010 U.S. Paralympics Track and Field National Emerging or Military Standards may be eligible for EAHI as determined by the U.S. Paralympics Associate Director of High Performance and Team Leader. Selection for EAHI will be based on current performance at a level that indicates a positive trajectory of performance with a chance to medal in the Paralympic Games or World Championships between 2012 and 2016.
- Should there be more athletes than slots available after Criteria 1 and or Criteria 2, the decision to award EAHI will be based on which athlete(s) have the best opportunity to medal at the Paralympic Games in 2012.
- Should there be any available slots after all eligible athletes [who request and] have been awarded EAHI, those slots will remain unused.

## Attachment F

### 2010 U.S. Paralympics Track and Field Resident Program

The United States Olympic Committee (USOC), through its Paralympic Division ("U.S. Paralympics") and in conjunction with USA Track and Field has implemented a Track and Field Resident Program at the Olympic Training Center-Chula Vista (CVOTC) through the 2012 London Paralympic Games. The OTC Resident program is a high level training environment. The Track and Field program will consist of 8 on-site residents and 2 off-site residents.

#### Eligibility:

- Be at least 15 years of age (OTC policy).
- Be a current US Citizen eligible to represent the USA in the Paralympic Games.
- High School age applicants must be enrolled in high school and maintain a 2.7 GPA. *Program staff will strongly recommend online courses or enrolling in private school to best facilitate both school and training requirements.*
- Applicants who take college courses must maintain a 2.0 GPA.
- Be willing to submit to a complete health profile coordinated by USOC Track and Fields Medicine including thorough medical history and comprehensive physical examination.

#### Acceptance & Application:

Acceptance to the Resident Program will be at the sole discretion of U.S. Paralympics and all positions in the Resident Program will not necessarily be filled. Evaluation of athletes for acceptance to the Resident Program will consider a wide range of factors including:

- Space availability.
- Meeting and maintaining a minimum emerging standard (Attachment A) per the athlete's specific event/classification.
- Athlete's current "home" training environment.
- Potential for the athlete to medal at the World Championships/ 2012 Paralympic Games.
- Projected effect/impact of the Track and Field Resident Program on the athlete's medal potential.
- Athlete's desire and willingness to commit fully to the training Resident Program.
- Training compatibility with other resident athletes.
- Relevant performance data from current Quadrennium

The Application and all necessary forms for the Resident Program are available at [www.usparalympics.org](http://www.usparalympics.org) when space is available. Any athlete who wishes to participate must apply and be accepted into the Resident Program.

#### Program Description

The Track and Field Resident Program hosted at the Olympic Training Center-Chula Vista is designed for ambulatory athletes participating in the Paralympic throwing, jumping, and sprinting events. The Track and Field Resident Program hosted at the Center of Excellence within the University of Illinois is designed for wheelchair athletes participating in Paralympic track events.

#### Athlete Obligations and Responsibilities

Each athlete participating in the program is required to:

- Cover his/her own expenses for moving to San Diego (airfare, gas, shipping costs, etc.)
- Agree to and follow the training program defined by the Resident Program Coach for that athlete
- Develop short-, mid-, and long-term performance markers with the Olympic Training Center (OTC) Resident Program Coaches (as well as Strength and Conditioning Coaches), pursue achievement of those markers,
- Attend all training sessions, competitions and other team activities (meetings, testing, community appearances, OTC-hosted special events, etc.) as directed by the Resident Program Coaches
- Wear U.S. Paralympics uniforms, competition wear and other clothing at official competitions and functions as directed by the Resident Program Coach.
- Provide his/her own clothing and equipment appropriate for training and competition (including shoes), except when required to wear U.S. Paralympics provided uniforms and competition wear.
- Agree to and abide by the rules of the USOTC - Chula Vista

Athletes participating in the program are specifically prohibited from soliciting training programs from external coaches without the consent and inclusion of the Resident Program Coaches. U.S. Paralympics and USATF have agreed to work collaboratively as determined to be advantageous to both programs by the program lead coaches.

### **Removal from the Program**

Athlete participation in the program may be terminated at any time by U.S. Paralympics. Notice of removal from the program will be provided to the athlete in writing and will be effective immediately upon such notice or as specified in the notice. An athlete may appeal removal from the program pursuant to the USOC Grievance Procedures for U.S. Paralympics National Teams and Programs, provided as a part of the U.S. Paralympics National Team Agreement.

Removal from the program may result from any of the following or any other reason determined valid by U.S. Paralympics:

- Failure to meet the requirements to qualify for the national team (annually)
- Failure to qualify for a U.S. team to the major international competition (such as World Championships or Paralympic Games)
- Failure to meet the performance markers or other elements of the athlete's personal performance plan
- Failure to comply with the U.S. Paralympics Athlete Agreement, the OTC rules, or the requirements of the resident program
- Violation of the USADA Anti-Doping policies
- Persistent incompatibility with the National Team Coach and/or other resident athletes that detracts from the training or performance of any member of the OTC community

### **Coaching Staff**

The Resident Program Coaching staff currently consists of Al Joyner (Jumps and Sprints), Joaquim Cruz (Middle Distance, Distance, Relays and Military programs) and Toby Lemon (Track and Field Resident Coordinator). Additional staffing is currently being discussed between U.S. Paralympics and USA Track & Field.