



U.S. PARALYMPICS

TRACK & FIELD NATIONAL CHAMPIONSHIPS

Events and Standards – Men



Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
100m	T11	T11		15.40	
100m	T12	T12/13		14.57	
100m	T13	T12/13		14.57	
100m	T35	T35/36/37/38		17.58	
100m	T36	T35/36/37/38		16.51	
100m	T37	T35/36/37/38		16.13	
100m	T38	T35/36/37/38		15.46	
100m	T42	T42		16.76	
100m	T44	T43/44		14.78	
100m	T46	T45/46		14.60	
100m	T52	T52/53		23.38	
100m	T53	T52/53		20.17	
100m	T54	T54		19.04	
200m	T11	T11		31.13	
200m	T12	T12/13		29.46	
200m	T13	T12/13		29.46	
200m	T36	T36/37/38		34.22	
200m	T37	T36/37/38		32.51	
200m	T38	T36/37/38		30.88	
200m	T44	T42/43/44		30.54	
200m	T46	T45/46		29.63	
200m	T52	T52/53		42.70	
200m	T53	T52/53		35.58	
200m	T54	T54		50:24.0	
400m	T11	T11		67.25	
400m	T12	T12/13		65.12	
400m	T13	T12/13		65.12	
400m	T36	T36		01:15.9	
400m	T38	T38		68.38	
400m	T44	T44/45/46		69.61	
400m	T46	T44/45/46		64.90	
400m	T52	T52/53		1:22.70	
400m	T53	T52/53		67.40	
400m	T54	T54		63.62	
800m	T12	T12/13		2:32.51	
800m	T13	T12/13		2:32.51	

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Events and Standards – Men



Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
800m	T36	T36		2:35.00	
800m	T37	T37		2:48.44	
800m	T46	T44/45/46		2:36.06	
800m	T52	T52		2:43.91	
800m	T53	T53		2:13.97	
800m	T54	T54		2:06.34	
1500m	T11	T11		5:36.65	
1500m	T13	T12/13		5:12.79	
1500m		T45/46		5:33.00	
1500m	T54	T54		4:06.71	
5000m	T11	T11		20:24.43	
5000m	T13	T12/13		20:03.60	
5000m	T46	T45/46		20:01.68	
5000m	T54	T54		14:01.50	
10000m	T12	T11/12		42:53.35	
Shot Put	F11	F11-13	P	9.00	7.26kg
Shot Put	F12	F11-13	P	10.10	7.26kg
Shot Put	F13	F11-13	P	10.10	7.26kg
Shot Put	F32	F32-34/52/53	P	4.50	2.00kg
Shot Put	F33	F32-34/52/53	P	6.75	3.00kg
Shot Put	F34	F32-34/52/53	P	7.00	4.00kg
Shot Put	F35	F35-38	P	9.40	4.00kg
Shot Put	F36	F35-38	P	8.10	4.00kg
Shot Put	F37	F35-38	P	9.75	5.00kg
Shot Put	F38	F35-38	P	9.70	5.00kg
Shot Put	F40	F40/42/44	P	7.02	4.00kg
Shot Put	F42	F40/42/44	P	9.74	6.00kg
Shot Put	F44	F40/42/44	P	10.98	6.00kg
Shot Put	F52	F32-34/52/53	P	6.50	2.00kg
Shot Put	F53	F32-34/52/53	P	5.98	3.00kg
Shot Put	F54	F54-58	P	6.73	4.00kg
Shot Put	F55	F54-58	P	8.03	4.00 kg
Shot Put	F56	F54-58	P	8.33	4.00kg
Shot Put	F57	F54-58	P	9.77	4.00kg
Shot Put	F58	F54-58	P	10.40	5.00kg
Discus	F11	F11-13	P	25.11	2.00 kg

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Events and Standards – Men

Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
Discus	F12	F11-13	P	33.00	2.00kg
Discus	F13	F11-13	P	33.20	2.00kg
Discus	F32	F32-34/51/52/53	P	11.30	1.00kg
Discus	F33	F32-34/51/52/53	P	17.15	1.00kg
Discus	F34	F32-34/51/52/53	P	25.55	1.00kg
Discus	F35	F35-38	P	30.69	1.00kg
Discus	F36	F35-38	P	22.70	1.00kg
Discus	F37	F35-38	P	33.45	1.00kg
Discus	F38	F35-38	P	29.00	1.50kg
Discus	F42	F42/44	P	33.59	1.50kg
Discus	F44	F42/44	P	38.16	1.50kg
Discus	F51	F32-34/51/52/53	P	7.10	1.50kg
Discus	F52	F32-34/51/52/53	P	12.71	1.00kg
Discus	F53	F32-34/51/52/53	P	17.36	1.00kg
Discus	F54	F54-58	P	21.78	1.00kg
Discus	F55	F54-58	P	26.33	1.00kg
Discus	F56	F54-58	P	26.86	1.00kg
Discus	F57	F54-58	P	33.79	1.00kg
Discus	F58	F54-58	P	38.59	1.00kg
Javelin	F11	F11-13	P	31.80	800gm
Javelin	F12	F11-13	P	36.80	800gm
Javelin	F13	F11-13	P	36.80	800gm
Javelin	F33	F33/34/52/53	P	14.05	600 gm
Javelin	F34	F33/34/52/53	P	17.30	600 gm
Javelin	F35	F35-38	P	28.40	600gm
Javelin	F36	F35-38	P	24.00	600gm
Javelin	F37	F35-38	P	31.30	600gm
Javelin	F38	F35-38	P	31.85	800gm
Javelin	F42	F42/44	P	35.30	800gm
Javelin	F44	F42/44	P	39.30	800gm
Javelin	F52	F33/34/52/53	P	11.84	600gm
Javelin	F53	F33/34/52/53	P	14.13	600gm
Javelin	F54	F54-58	P	19.18	600gm
Javelin	F55	F54-58	P	23.57	600gm
Javelin	F57	F54-58	P	28.69	600gm
Javelin	F58	F54-58	P	35.20	600gm

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Events and Standards – Men



Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
LJump	F11	F11/12/13	P	4.12	
LJump	F12	F11/12/13	P	4.60	
LJump	F13	F11/12/13	P	4.75	
LJump	F37	F37		4.19	
LJump	F38	F38		4.36	
LJump	F42	F42/44/46	P	4.20	
LJump	F44	F42/44/46	P	4.81	
LJump	F46	F42/44/46	P	5.10	

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Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
100m	T11	T11		17.82	
100m	T12	T12/13		17.60	
100m	T13	T12/13		17.60	
100m	T36	T36-38		20.38	
100m	T37	T36-38		20.14	
100m	T38	T36-38		19.72	
100m	T42	T42		24.29	
100m	T44	T43/44		18.89	
100m	T46	T45/46		17.60	
100m	T52	T52/53		28.18	
100m	T53	T52/53		24.44	
100m	T54	T54		23.33	
200m	T11	T11		35.98	
200m	T12	T12/13		36.01	
200m	T13	T12/13		36.14	
200m	T36	T36-38		41.93	
200m	T37	T36-38		41.77	
200m	T38	T36-38		40.49	
200m	T44	T42/43/44		39.47	
200m	T46	T45/46		36.12	
200m	T52	T52/53/33/34		51.82	
200m	T53	T52/53/33/34		43.92	
200m	T54	T54		41.89	
400m	T12	T12/13		01:19.0	
400m	T13	T12/13		01:19.0	
400m	T53	T52/53/34		01:22.8	
400m	T54	T54		01:16.1	
800m	T12/13	T12/13		03:07.8	
800m	T53	T52/53/34		02:50.3	
800m	T54	T54		02:37.4	
1500m	T12/13	T11/12		06:33.9	
1500m	T54	T54		04:59.0	
5000m	T54	T54		17:20.9	
Ljump	F12	F12/13		3.30	
Ljump	F13	F12/13		3.30	

Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
Ljump	F42	F42/44	P	2.16	
Ljump	F44	F42/44	P	2.93	
Shot Put	F12/13	F12	P	7.50	4.00kg
Shot Put	F12/13	F13	P	7.80	4.00kg
Shot Put	F32	F32-34/52/53	P	3.05	2.00kg
Shot Put	F33	F32-34/52/53	P	3.79	3.00kg
Shot Put	F34	F32-34/52/53	P	4.50	3.00kg
Shot Put	F35	F35-38	P	5.51	3.00kg
Shot Put	F36	F35-38	P	5.30	3.00kg
Shot Put	F37	F35-38	P	6.04	3.00kg
Shot Put	F38	F35-38	P	6.80	3.00kg
Shot Put	F40	F40/42/44/46	P	4.45	3.00kg
Shot Put	F42	F40/42/44/46	P	5.40	4.00kg
Shot Put	F44	F40/42/44/46	P	7.30	4.00kg
Shot Put	F46	F40/42/44/46	P	7.36	4.00kg
Shot Put	F52	F32-34/52/53	P	2.75	2.00kg
Shot Put	F53	F32-34/52/53	P	3.50	3.00kg
Shot Put	F54	F54-58	P	3.70	3.00kg
Shot Put	F55	F54-58	P	5.00	3.00kg
Shot Put	F56	F54-58	P	5.00	3.00kg
Shot Put	F57	F54-58	P	5.99	3.00kg
Shot Put	F58	F54-58	P	5.85	4.00kg
Discus	F12	F12/13		25.50	1.00kg
Discus	F13	F12/13		25.50	1.00kg
Discus	F32	F32-34/51-53	P	6.60	1.00kg
Discus	F33	F32-34/51-53	P	8.60	1.00kg
Discus	F34	F32-34/51-53	P	11.45	1.00kg
Discus	F35	F35-38	P	14.01	1.00kg
Discus	F36	F35-38	P	12.53	1.00kg
Discus	F37	F35-38	P	16.91	1.00kg
Discus	F38	F35-38	P	16.32	1.00
Discus	F40	F40/42/44/46	P	12.24	.75kg
Discus	F42	F40/42/44/46	P	16.85	1.00kg
Discus	F44	F40/42/44/46	P	22.55	1.00kg
Discus	F46	F40/42/44/46	P	23.25	1.00kg

Event	Class	PPAG Eligible Classes	Points	National MQS	Weights
Discus	F51	F32-34/51-53	P	9.14	1.00kg
Discus	F52	F32-34/51-53	P	6.01	1.00kg
Discus	F53	F32-34/51-53	P	7.50	1.00kg
Discus	F54	F54-58	P	10.10	1.00kg
Discus	F55	F54-58	P	15.75	1.00kg
Discus	F56	F54-58	P	15.75	1.00kg
Discus	F57	F54-58	P	15.75	1.00kg
Discus	F58	F54-58	P	18.00	1.00kg
Javelin		F12/13	P	15.25	600gm
Javelin		F12/13	P	22.30	600gm
Javelin	F33	F33-34/52-53	P	8.10	600gm
Javelin	F34	F33-34/52-53	P	8.50	600gm
Javelin	F35	F35-38	P	13.20	600gm
Javelin	F36	F35-38	P	9.91	600gm
Javelin	F37	F35-38	P	14.25	600gm
Javelin	F38	F35-38	P	16.22	600gm
Javelin	F42	F42/44/46	P	17.42	600gm
Javelin	F44	F42/44/46	P	22.00	600gm
Javelin	F46	F42/44/46	P	22.00	600gm
Javelin	F52	F33-34/52-53	P	5.40	600gm
Javelin	F53	F33-34/52-53	P	6.90	600gm
Javelin	F54	F54-58	P	8.80	600gm
Javelin	F55	F54-58	P	11.00	600gm
Javelin	F56	F54-58	P	12.00	600gm
Javelin	F57	F54-58	P	12.00	600gm
Javelin	F58	F54-58	P	18.00	600gm